

SANTÉ CENTER FOR HEALING'S Problematic Sexual Behavior (PSB)

A GUIDE TO TREATMENTS AVAILABLE FOR PSB, INCLUDING SEX ADDICTION

PIONEERS IN THE TREATMENT OF PSB

Founders Rip Corley, RN, LMSW and Deb Corley, PHD opened **Santé Center for Healing** in 1996, a time when sexual compulsivity and sex addiction were not widely recognized or addressed in treatment settings. Committed to providing long-term recovery, they were pioneers in the field of PSB research and program implementation for effective treatment. Now, nearly three decades into a one-day-at-a-time legacy, Santé continues to address PSB and other compulsive behaviors across a continuum of care.

WHEN TO MAKE THE CALL TO SANTÉ

Some clients act out sexually during active drug addiction/use; this typically is not discovered and addressed in a general substance abuse track/program. Yet, if not identified and addressed, it increases the likelihood for relapse. Most of Santé's clients with problematic sexual behavior enter Santé because of their co-occurring substance use disorder, often coupled with depression or anxiety. Here issues are identified and treated simultaneously.

- 1 Has there been an escalation in behaviors?
- 2 Have they tried to cut down on behaviors and been unable to?
- 3 Are they spending an inordinate amount of time preoccupied in the behaviors?
- 4 Is their use affecting their ability to function in relationships, work, school, etc.?

"Santé empowers to seek healing for healthy relationships & the life that we want."

— Santé Alumni



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THE SANTÉ ADVANTAGE

Santé Center for Healing offers treatment for those suffering anywhere on the problematic sexual behavior spectrum, including sex addiction. Given that many persons with PSB also misuse alcohol and other drugs, Santé is expertly prepared to address co-occurring disorders simultaneously for a great chance at achieving and maintaining long-term recovery.

SANTÉ FACTS, CLINICAL TOOLS & TREATMENTS

- Certified Sex Addiction Therapists as Primary Therapists
- Nearly 3 Decades of Experience With PSB
- Dual Diagnosis/Co-Occurring
- CSAT Trained
- Relapse-Prevention Aftercare Plans
- Dialectical Behavioral Therapy (DBT)
- Familiar With Legal Reporting Requirements
- Experienced Working With the LGBTQIA+ Community
- Psychodrama
- Expressive Arts
- Attachment Disorder Work
- Trauma Resolution Focused
- Shame-Reduction Treatment
- Neurofeedback
- 12-Step Based
- Personalized Treatment
- Comprehensive Assessment
- Eye Movement Desensitization and Reprocessing (EMDR)
- Book: *Facing the Shadow*
- Book: *Out of the Shadow*
- Book: *Answers in the Heart: Daily Meditations for Men and Women Recovering from Sex Addiction*
- Sexual Dependency Inventory (SDI testing)
- Sexual Addiction Screening Test (SAST)
- SAA and SLA meetings
- Continuum of Care
- Life-Long Alumni Support



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