

Long-Term Recovery Newsbites October 2018

800.258.4250 www.santecenter.com





Dennis Wade, MS, FACHE
Chief Executive Officer
18 years at Sante Center for Healing

When a professional golfer is at the top of their game having won many major titles, they don't stop practicing and retire to the club house. To achieve and maintain excellence, perseverance is mandatory. Perseverance applies - whether thinking about recovery or your professional legacy. With recovery, personal inventories are checked and there is a daily focus on sobriety. And in business, despite any obstacles, we at Santé stay focused on our vision and mission for providing long-term recovery. In either arena, one cannot get too comfortable or take sobriety or success for granted; excellence takes perseverance, one day at a time. Circumstances can rapidly change, but if one continues to persevere each day, long-

recovery and mission achievement will continue to prevail.

What's Happening on the Hill

Exceeding Patient Expectations

October 12
Cognitive Processing Therapy
CEU Event- Sold Out!
Learn More

October 19-20
Dr. Patrick Carnes- IITAP
Collaborative Event at Santé
Center for Healing
Learn more

October 22-25
Intensive Workshop
Free To Be Me: Rescuing
Yourself from Codependency

Learn More

October 26-27
2018 Annual Alumni Retreat
Banquet Dinner and Workshops
Learn More

<u>December 3-6</u> Intensive Workshop Mindful Transformation: Redefining Your Trauma <u>Learn More</u>

More Upcoming Events

Networking Hot Spot



When you submit the <u>"Santé</u> <u>Connections" form</u>, your information is saved as a referral source for Santé to be utilized by the admissions department, aftercare coordinator and family therapists.

Alumni Celebration of Recovery



The Annual Alumni Retreat in October offers alumni from all over the country the chance to renew, reconnect, and recommit to their Recovery. <u>Learn more</u>

Patient Satisfaction Survey: Quarter 2, 2018

Residential patients are surveyed at discharge.
Those who responded very or mostly satisfied are:

FACILITY • 95%
STAFF • 100%

TREATMENT PROGRAM • 89%

EXPERIENTIAL THERAPY •

INDIVIDUAL SESSIONS WITH CASE MANAGER • 95%

INDIVIDUAL SESSIONS WITH NURSES • 95%

INDIVIDUAL SESSIONS WITH DOCTORS • 100%

DISCHARGE PLANNING • 95%

INTERACTION WITH INTAKE COUNSELORS • 95%



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Perseverance in Life



life." Read More

Michelle Morgan, LVN Nurse 2 Years at Santé Center for Healing

I grew-up with an abusive, alcoholic father. Over the years, I watched many family members go in and out of treatment for drugs, alcohol and mental health. After I discovered my own path of co-dependency and addictive behaviors, I pushed myself to seek out where to fit into this existence I called "my

Santé Is...



Connect and Share

Your Santé stories, comments, and achievements not only inspire us, they help us grow.







Continuum of Care: Aftercare/Alumni Support



Brian Simpson, LCDC Intern
Aftercare and Alumni Coordinator
5 Years at Santé Center for Healing

Brian Simpson, LCDC-Intern, received his Bachelor of Science Degree in Anthropology at the University of North Texas. He is Santé's Certified Ropes Instructor and feels a sense of pride and purpose working in the addiction field. Brian acts as a liaison for our alumni and creates individualized aftercare plans for each residential client as they prepare to discharge. Recovery is not something that is completed upon leaving our treatment program; it is a process of learning and personal growth.



Supporting Our Community

Tours Available by Appointment, Santé Center for Healing, 914 Country Club Rd., Argyle, TX

- October 12th- The Council on Recovery & Sante Collaborative CEU Houston, TX
- October 13th- Hope is Alive OKC Sobriety Sprint- Oklahoma City, OK
- October 19th- DFW iaedp Chapter Meeting, Irving, TX
- October 22nd- Recovery Resource Council Golf Tournament, Ft. Worth, TX
- October 24-25th- Prevention and Recovery Conference- Norman, OK
- October 25th- Power of Prevention Breakfast benefiting The Council on Alcohol & Drugs, Dallas, TX
- October 26th- Trauma Education Association CEU- Grapevine, TX
- October 26th- OBHA Unmasked Gala- Oklahoma City, OK
- October 29th- 12th Annual Denton ISD Golf Fundraiser- Corinth, TX
- October 31st- Medical City Lewisville- Lewisville, TX





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