



## Long-Term Recovery Newsbites

800.258.4250  
www.santecenter.com



January 2019



*Dennis Wade, MS, FACHE*

Chief Executive Officer

20 years at *Santé Center of Healing*

Much like using addictive substances, dishonesty allows people the illusion of escaping their problems. Lying to friends and family is an attempt to hide the shame associated with being dependent upon anything else (i.e. substance, sex, food, relationships); the shame is often compounded by damaged relationships when the addiction takes priority over family and friends. Honesty with one's self challenges us all, but for those struggling

with an addiction it can seem unattainable, impossible. At Santé, we encourage full disclosure without using shame. We want our clients to learn to love, forgive, and accept themselves. We do.

## Professional Assessments

Santé Center for Healing has earned a national reputation for treating the licensed professional since opening in 1996. Our Professional Assessment includes:

- Psycho-social History and Assessment



- Psychiatric Evaluation & Psychological Testing
- Nursing Assessment with UDS and Hair Testing
- Clinical Polygraph Examination & Collateral Interviews
- Preliminary Report to referral source and patient by telephone by end of week of assessment
- Written, comprehensive report within two weeks of assessment

[Learn More](#)

## Best Decision I've Ever Made



Santé can help meet the needs of those clients resistant to traditional treatment principles. Some of the issues we address include the following:

- [Substance Abuse](#)
- [Trauma](#)
- [Alcohol Abuse](#)
- [Mental Health](#)
- [Dual Diagnosis](#)
- [Sex Addiction](#)
- [Eating Disorders](#)

[Learn more about addiction treatment](#)

## 2018 Employee of the Year!



## Therapist Highlight

Jason Doorish

MS, LPC-S, CSAT-Candidate  
Primary Therapist / Clinician



"I have a passion for working with those struggling in life, and find it rewarding to help them find answers to their struggles. The work is rewarding in helping clients find their authentic self."

*Jason, you saved my life. I will never be able to put into words how much you mean to me. You took me on and challenged me every step of the way. Round 1 didn't get through to me but Round 2 you took off the gloves and continuously gave me therapeutic punches to the face (in the best way possible) and it worked! I was dying. Quickly. You broke me and helped me mend and start a new. Congratulations on your award! My gift to you is this: 5 months!*

-Meredith H. Alumni

## Free to be Me



Cognitive Processing Therapy (CPT) is an evidenced-based therapy treatment that focuses on examining and challenging maladaptive thoughts and feelings. When individuals experience emotional neglect in some way, often all the way from early childhood and even from the most well-meaning

caregivers, they develop an emotional and behavioral condition that affects their ability to have a healthy, mutually satisfying relationship with not only others, but themselves as well. These individuals become "codependent," in that they maintain relationships that are often one-sided, emotionally destructive and/or abusive.

## Upcoming Events

**January 28-31, 2019**

**Intensive Workshop**

***Free To Be Me: Rescuing Yourself from Codependency***

[Learn More](#)

**January 30- February 1, 2019**

**CCRT Second Training Session**

**February 8th, 2019**

**3 Hour CEU Event at Santé Center for Healing**

[RSVP](#)

**February 20-22, 2019**

***Maintaining Proper Boundaries Course***

**March 25-28, 2019**

**Intensive Workshop**

**Mindful Transformation: Redefining Your Trauma**

[Learn More](#)

[See More](#)

## Strive to Provide



Santé is determined to provide quality care and programs for long-term recovery. If there is anything we can do to improve, please [reach out to us](#). Or if after reflecting on our continued collaboration and/or our shared clients and patients who are doing well, you can leave us a review on [Facebook](#) or [Google](#).

## Networking Hotspot



When you submit the ["Santé Connections" form](#), your information is accessible to Santé's admission and intake counselors, Aftercare Coordinator, and family therapists for referral purposes.



**Come See Us at Santé!**

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May this year be characterized by powerful

**HOPE**

and provide you

**GRATIFICATION**

and your clients

**LONG-TERM RECOVERY**

as we continue to work together throughout 2019.

