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# Long-Term Recovery Newsbites

[www.santecenter.com](http://www.santecenter.com)

October 2022

800.258.4250

## Upcoming Clinical CE Presentations

**Santé is a proud sponsor of the Trauma Education Association**



**October 28, 2022**

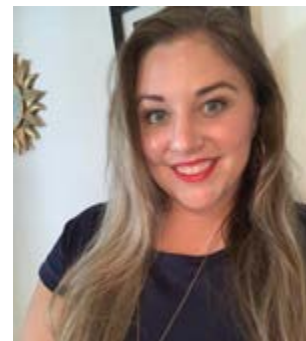
**11:30 a.m. - 1:00 p.m. CST**

**1 CE Hour**

**Zoom**

### **"The Power of Erotic Embodyment"**

**Speaker: Christina Grudzinski Nail,  
M.S., LMFT, LPC, CST**



#### **Presentation Objectives:**

1. Expanding sexual health framework.
2. Embracing embodiment as a natural part of sexual pleasure.
3. Erotic communication through the physical body.

Click [here](#) or the button below for the speaker's bio and to register.

Register Now

## Maintaining Proper Boundaries

### Continuing Medical Education Course

**Next Course Offered: November 2-4\* (In-Person Course)**

**Maintaining Proper Boundaries**, is a 3-day training course providing self-assessment, knowledge, awareness, skills, applicable tools and prevention strategies to healthcare professionals with difficulty maintaining proper boundaries with patients, colleagues and/or staff.



#### **Who Should Attend:**

This course is recommended to any licensed healthcare professionals in safety sensitive positions who experience difficulty establishing and maintaining proper boundaries. Hospitals, health systems, professional peer health programs may refer health care practitioners:

- as a preventative measure for continuing medical education specialized for healthcare professionals'
- as a behavior intervention
- or as an adjunct to a relapse prevention plan. Self-referrals are welcome.

**\*Space is limited**

Register Now

## Medical Detox

Often Santé's first level of programming for our clients, our on-site medical detox is staffed by the medical team. They are trained in helping clients cope with the

symptoms of early drug or alcohol abstinence. Santé's medical experts understand how withdrawal works and why it's so dangerous when individuals think they can do it alone. Without medical assistance and oversight, the symptoms are unpleasant and could even be life threatening. Santé's compassionate professionals help to reduce withdrawal symptoms such as anxiety, aches and pains, cold sweats, cravings, insomnia and restlessness. The medical team monitors vitals, perform withdrawal assessments, and provides general medical care. Medicines may be given to make symptoms less severe and decrease the risk for complications.

### **Why Medical Detox?**

Getting sober is easier than staying sober. Santé's detox is a natural transition into residential level of care where clients come to realize alcohol and other drugs are only a symptom of underlying problem or issues. Detox is an early step in assisting clients to recognize why they initiated substance use and what their life's possibilities are in long-term recovery.

**Learn  
More**



**Investing in the Future**





## INFORMATION

SUBMISSION PERIOD: Sept. 1, 2022-Dec. 5, 2022  
AWARD ANNOUNCEMENT: Dec. 9, 2022  
AWARD DATE: Dec. 21, 2022

SUBMIT APPLICATIONS TO:

For the Rip Corley Scholarship: <https://bit.ly/2022santescholarship>  
For the Dr. Deb Corley Scholarship: <https://bit.ly/2022santescholardeb>  
For the Sam Slaton Scholarship: <https://bit.ly/2022santescholarism>

# SANTÉ CENTER FOR HEALING SCHOLARSHIPS

## THE 3 COLLEGIATE SCHOLARSHIPS OFFERED

In recognition of three of Santé's legacy makers - co-founder Rip Corley, co-founder/co-owner Deb Corley & CEO Sam Slaton, we extend financial collegiate scholarships to students wishing to further & advance their education. To find out more about each of the scholarships' eligibility requirements & rules, please visit [www.santescholarship.com](http://www.santescholarship.com).

RIP CORLEY  
SCHOLARSHIP



UNDERGRADS IN  
RECOVERY

DR.  
DEB CORLEY  
SCHOLARSHIP



GRADS IN  
MENTAL  
HEALTH

SAM SLATON  
SCHOLARSHIP



GRADS IN  
HEALTHCARE  
MANAGEMENT

### Collegiate Scholarships Offered:

The [Rip Corley & Santé Center for Healing Scholarship](#) in memory of Santé's co-founder Rip Corley, LMSW, RN. This \$500 award will go to an individual in recovery from addiction for at least two years, having completed at least one year in college and pursuing an undergraduate degree from an accredited college and/or university.

The [Dr. Deb Corley & Santé Center for Healing Scholarship](#) in honor of Santé's co-founder/co-owner Dr. Deb Corley, PhD, LMFT, LCDC, LSOTP, CSAT, CMAT. This \$500 award will go to an individual pursuing a graduate degree towards work in the mental and behavioral health field. Eligible programs include: social work, psychology, nursing, counseling, marriage and family therapy.

The [Sam Slaton & Santé Center for Healing Scholarship](#) in celebration of Santé's CEO Sam Slaton, M.ED., LPC-S, MBA, MHSM for years of leadership. This \$500 award will go to an individual pursuing a graduate degree towards health care management. Eligible programs include: public health, healthcare administration, healthcare management, health systems management, health services administration, Healthcare MBA.

### Important Dates for Santé's Scholarships:

- Submission period: September 1, 2022-December 5, 2022
- Award Announcement: December 9, 2022
- Award Date: December 21, 2022

Click [here](#) or the below button for eligibility requirements and other information.

**Learn  
More**

## Corley Research Grant

### Corley Research Grant Now Accepting Applications



The Society for the Advancement of Sexual Health (SASH) is dedicated to fostering scientific inquiry that helps advance our knowledge, understanding and treatment of problematic sexual behavior (e.g., sexual addiction, compulsive sexual behavior) and sexual health. In order to promote new investigators SASH created the Corley Research Grant currently funded by the Santé Center for Healing.

### Are you looking for a way to fund your research?

The award will provide ONE (1) new investigator with:

1. \$1000 towards an ongoing or new research project related to sexual addiction
2. \$500 travel allowance to attend the SASH annual conference
3. A waiver of the registration fee to the SASH annual conference
4. Mentorship by a senior SASH advisor on content, process, presentation and publication on the project

**Deadline November 30, 2022**

**For More Information and to  
Apply**

# Our Alumni

We love the relationship we have with our Alumni. It is an honor and joy to celebrate in their successes and to stand by them in hardships. Here is some of what they have recently shared.



Never dreamed I could feel this good sober. Life is better when your mind is clear and your heart is full. - Chase Z on 10/2



Today I am thankful for the Tuesday night alumni meeting regulars. You help me every week to stay focused and be gentle with myself. Thank you all! - Robert S on 9/29/22



Jordan and Blake were PHENOMENAL all of the staff was honestly! Y'all are amazing, would visit again (sober this time)  
- Alumni on follow-up survey



My quality of life actually exists, I have good relationships with family and friends. I am making my dreams into goals and achieving them. I am sober and even when bad times happen I can grow through them without being tempted to give up, drink or drug use.

- Alumni on follow-up survey



...I still thank Santé and especially Shelley for the therapy I received.  
- Alumni on follow-up survey



## Take Care of Today so You Can Handle Tomorrow



### Adam Karazuba, LCSW

Director of Clinical Services, Residential and Outpatient With Santé Center for Healing since 2018

### Take Care of Today so You Can Handle Tomorrow

Step Ten of the Twelve Steps is "Continued to take personal inventory and when we were wrong promptly admitted it." This is an important task that can be done daily and should continue no matter how long you've been in recovery. The quicker you can determine a wrong was committed, admit to it and apologize for it,

the better things are for your recovery and the relationship with that individual. Taking a daily inventory will help keep you in check emotionally and on the right path. As we enter the holiday season, this is a vital step for those who feel increased stress and have strained family relationships.



# Upcoming Events

## Every Tuesday Night

Alumni Online All Inclusive Recovery Meeting at 8 PM CST

## October 21-22, 2022

Alumni Retreat

## October 28, 2022

**Trauma Education Association** - 1 CE Hour

11:30 AM - 1 PM CST, Via Zoom

"The Power of Erotic Embodiment"

Christina Grudzinski Nail, M.S., LMFT, LPC, CST

Click [here](#) to register

## November 2-4, 2022

Maintaining Proper Boundaries - CME Course

Click [here](#) for more information and to register

[See More](#)

# For All The Right Reasons

You are mission-inspired and results-driven. You chose your profession and calling for all the right reasons. Your work helps people in their most hidden and painful problems every day.

The importance of your work is underscored by how incredibly hard it is. Any given day might bring massive challenges with your clients or patients. Who else is in it for all the right reasons? Who can you trust to work alongside you, providing evidence-based and trauma-resolution care? Who provides the best opportunity for long-term recovery?

Google provides 350,000,000 results when searching "addiction treatment." This is an overwhelming number of options that you can ascertain for quality, but can your clients or patients?

They look to you to:

- Distinguish clinical experience and expertise from nonessential amenities and impersonal call centers;
- Connect them to higher levels of care ready for the increasing complexity of their problems and to discover and begin to heal from the root issues underneath, therefore decreasing the likelihood of relapse;
- Recognize other facilities may dress the part but lack integrity.

They look to you. And you look to Santé Center for Healing for expertise, integrity and long-term recovery...for all the right reasons.

Santé Center for Healing: What We Treat...

<https://www.santecenter.com/miracles-happen-on-the-hill-flipbook/>

Santé Center for Healing: Continuum of Care...

<https://www.santecenter.com/continuum-of-care-flipbook/>

# Share Your Experience

Santé provides quality care and programs for long-term recovery. If there is anything we can do to improve, please [reach out to us](#). When you reflect on our continued collaboration and/or our shared clients who are doing well, share the experience on [Facebook](#) or [Google](#).

Take a Virtual Tour of Santé Center for Healing



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