



# Long-Term Recovery Newsbites

800.258.4250

[www.santecenter.com](http://www.santecenter.com)

## May You Have Integrity

Step 5 is about transparency, admitting to your Higher Power, others and yourself the details of your wrongs.

Step 5 is Integrity, “the quality of being honest and having strong moral principles; moral uprightness”; one is not able to exhibit this characteristic unless they are clean and sober.

Being able to face inwardly and process all of your wrongs is not an easy feat; you must have a strong support system to lean on, to confide in, and celebrate the cathartic freedom of bringing all of one’s wrongs to light. Allowing yourself to be vulnerable and transparent is part of the process of exhibiting integrity in recovery; working through the 5<sup>th</sup> Step allows one to truly feel who they truly are for the first time, completing this step is a liberating and powerful accomplishment in one’s recovery journey.



Sam Slaton, M.Ed, LPC-S, MBA, MHSM  
Chief Operating Officer  
14 Years at [Santé Center for Healing](http://www.santecenter.com)

## Smooth Transitions

Our Transitional Living Program makes the transition out of a residential environment less stressful. The apartments are located within walking distance to the University of North Texas and Texas Women's University in Denton.

[Learn More](#)

## Continuing to Grow

We are very proud that our staff continually chooses to expand their knowledge that will directly impact their work with our clients. Congratulations to Dr. Jason Doorish, LPC-S, CSAT- Candidate for receiving his Ph.D. in Family Therapy! Dr. Doorish is trained in EMDR, emotionally focused Couples Therapy, trauma informed cognitive behavioral counseling, motivational interviewing, Mindfulness Based relapse prevention, and has been working in the mental health and addiction field since 2008.

[View Our Staff](#)

## Alumni Connections

Santé's new Alumni Team work hard to keep in touch with those who have been in our programs. This May, our alumni are meeting up at Top Golf to reconnect and celebrate their recovery. Next month our team will be heading to Oklahoma City for some bowling at Main Event! Alumni meet up monthly and have a private Facebook group for daily support. Our alumni have opportunities to serve the community and current Santé residents. The team and alumni also attend the Statewide Recovery Rally!

[Learn More](#)

Become a Partner

When you submit the "Santé Connections" form, your information is accessible to Santé's admission and intake counselors, Aftercare Coordinator, and family therapists for referral purposes.

[Connect Now](#)



## Share with Us

Santé provides quality care and programs for long-term recovery. If there is anything we can do to improve, please [reach out to us](#). When you reflect on our continued collaboration and/or our shared clients who are doing well, share the experience on [Facebook](#) or [Google](#).



## Upcoming Events

June 17-20, 2019



Intensive Therapy Workshop

*Mindful Transformation: Redefining Your Trauma*

[Learn More](#)

### **June 28-29, 2019**

Santé Campus Event

Society for the Advancement of Sexual Health

*Advanced Topics in Problematic Sexual Behaviors - Level 2*

[Learn More](#)

### **July 22-25, 2019**

Intensive Therapy Workshop

*Free to be Me: Rescuing Yourself from Codependency*

[Learn More](#)

### **August 7-9, 2019**

Healthcare Professionals Course

*Maintaining Proper Boundaries*

[Learn More](#)

[Find More Events](#)

# ATPSB LEVEL 2

**SASH** SOCIETY FOR THE  
ADVANCEMENT OF  
SEXUAL HEALTH

## **ABOUT ADVANCED TOPICS IN PROBLEMATIC SEXUAL BEHAVIORS (ATPSB)**

ATPSB Level 2 is a 2-day intense, learning experience for clinicians, coaches, psychiatrists, and others who professionally encounter those who struggle with PSB. With recently updated content, this live training offers 16 CE's and is taught by experts in their fields.

### **TOPICS**

- Sexual Health & Development
- Substances & Sex
- Paraphilias
- Medical & Medication Concerns
- Neurobiology
- Families (Partners/Couples/Children)
- PSB & Children: Child-on-Child Offending
- Attachment & Neurobiology
- Women & Problematic Sexual Behaviors

### **SPEAKERS**

- Mary Deitch, PsyD, JD
- Alexis Polles, MD
- Matthew Hedelius, PsyD
- Terry Post, LADC
- Richard Blankenship, LPC
- Gina Kaye, M.Ed.
- Mary Sharpe, MA, LLB
- Caroline Smith, LPC

### **WHEN & WHERE**

June 28-29, 2019 | 8:00 a.m.-5:30 p.m.



914 Country Club Road  
Argyle, TX 76226



### **3 WAYS TO REGISTER**

- Scan the QR Code
- Visit <http://bit.ly/ATPSB2019>
- Call 610.348.4783

Want to see more of Santé ?



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## Follow Us!



*"We couldn't do this work without your input and the referrals you have sent us over the years. We thank you and are grateful for your trust."*

– Deb Corley, PhD, LMFT, CSAT, CMAT co-founder and co-owner