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Long-Term Recovery Newsbites

www.santecenter.com

March 2022

800.258.4250

SPECTRUM OF SEXUALITY SUMMIT



REGISTER NOW!

5.5-hour CE Event

This fourth annual education and inspiration-filled day spans the spectrum of sexuality topics. Hear from expert therapists from multiple viewpoints –CSATs, sex therapists, LCSWs, LMFTs, LPCs and more – from Texas, Colorado and Oklahoma. Evidence-based theory and implementation ideas for your work and your clients.

Date/Time:

Friday, April 8, 2022

8:00 a.m. - registration opens

8:45 a.m. - 4:30 p.m. CST

Cost:

\$20

Location:

[Register Now](#)

Featured Speakers and Topics



**Stephen A. Sbanotto, MS,
LPC, CSAT-S**

"Treating Sexual Addictions and Addiction Interactions: Understanding the Neuropathways of Multiple Addictions"



E. Avery Rowles, LPC, CSAT

"Residential versus Private Practice: Understanding the Value and Limitation of Treating Problematic Sexual Behaviors in Both Levels of Care."



**Joshua Nichols, MS, LMFT,
CSAT**

"What Is Transitional Distrust in Betrayal Trauma Couple Recovery?"



Elizabeth Newsom, LCSW Supervisor

"Let's Talk About Sex: How the Clinician's Biases May Impact Client Experience"



Chris McMullen, LPC

"Sex Addiction through an Attachment Lens"

For Questions or Additional Information Contact:
Nicole Miller, NicoleM@santecenter.com or 940.464.7222

[Register Now](#)

News & Media

Santé's CEO, Sam Slaton, MEd, LPC-S, MBA, MHSM, was recently interviewed by WWCS radio in Indiana, PA and discussed marijuana and driving under the influence.

Click [here](#) or the below button to listen to the interview with WWCS in Indiana, PA on "Indiana in the Morning with Todd Marino."



[Listen to the Interview](#)

Staff Sentiments



Melissa Pennington, DO, ABAM, CEDS
Medical Director
With [Santé Center for Healing](#) Since 2015

Nature of Addiction

One of the hardships consistent within addiction is the nature of addiction itself. Having worked with and for other mental and behavioral health organizations, Santé's Medical Director Dr. Melissa Pennington points out, "Santé understands and best addresses the 'rolling with resistance' aspect of treating addiction." Those in active addiction commonly want to leave treatment,

stop doing the hard but important work of feeling and healing, and return to their drug of choice at various points along their recovery journey. From initial intake to detox and longer term recovery, Santé has developed and implemented several procedures to encourage patients to remain in life-saving, life-affirming treatment. "We do this by ensuring a non-judgmental attitude, comfortable detox, gentle reassurance, and enlisting the help of peers and family and friends in recovery." We ask patients to intentionally invest in themselves and in their treatment community, refraining from their previous environment in their first few days in residential treatment. Dr. Pennington continues, "We have a '96 hour rule' that ensures patients

do not leave treatment impulsively. Most importantly, we treat each and every patient as a person. We listen to them, we understand them, and we don't take their actions or statements in the midst of addiction personally.”

The Twelve Steps

FAITH

**MADE A DECISION TO TURN
OUR WILL AND OUR LIVES
OVER TO THE CARE OF
A HIGHER POWER.**

Santé
CENTER FOR HEALING

12
STEPS

Step Three

An important step in someone's path to recovery is faith. Having the trust to rely on something or someone who is not themselves is not easy but it can be done if you have the confidence to try. Let go and have faith.

Investing in the Future

Santé proudly awards the Dr. Deb Corley & Santé Center for Healing Scholarship to Denise Lopez.

The Dr. Deb Corley & Santé Center for Healing Scholarship in honor of Santé's co-founder/co-owner Dr. Deb Corley, PhD. It is awarded to individuals pursuing a graduate degree towards work in the mental and behavioral health field.

Denise is from Arlington, Texas. She is pursuing a Masters of Science in Clinical Mental Health Counseling at Tarleton State University. Denise is passionate about sharing the importance of mental health with everyone. She shared, "Life has peaks and valleys, my hope is to equip adolescence, parents, and individuals [with tools on] how to navigate through the tough times. When an individual has the tools to cope with stress, anxiety, and depression in a healthy manner they have a better chance to get through the hard times life comes with. I have a heart to serve others, specifically in the field of counseling and more specifically with a focus on addictions."



Our Alumni

We love the relationship we have with our Alumni. It is an honor and joy to celebrate in their successes and to stand by them in hardships. Here is some of what they have recently shared.

“

I'm grateful for another day sober.
Approaching 10 months and it all started at
Santé. - Gary F on 3/17/22

“

Look at this! 8 months sober and going strong!
I am so grateful for this!
- Brittany H on 2/23/22

”

“

Grateful to be 60 days sober today.
Praise God!!! - Tyler W on 2/23/22

”

“

7 months today and still
no desire at all to go back
to my old life!!!
- Jerry G on 2/23/22

”

“

I've been in recovery
for 5 months. Best
feeling ever!!!
- Jamie R on 3/5/22

”

“

5 freaking years of recovery in SAA [Sex
Addicts Anonymous] - Molly M on 2/17/22

”

Maintaining Proper Boundaries Continuing Medical Education Course

Next Course Offered: May 11-13* (In-Person Course)

Maintaining Proper Boundaries, is a 3-day training course providing self-assessment, knowledge, awareness, skills, applicable tools and prevention strategies to healthcare professionals with difficulty maintaining proper boundaries with patients, colleagues and/or staff.

Who Should Attend:

This course is recommended to any licensed healthcare professionals in safety sensitive positions who experience difficulty establishing and maintaining proper boundaries. Hospitals, health systems, professional peer health programs may refer health care practitioners:

- as a preventative measure for continuing medical education specialized for healthcare professionals'
- as a behavior intervention
- or as an adjunct to a relapse prevention plan. Self-referrals are welcome.

Note Regarding COVID-19:

Participants will need to take a rapid COVID-19 test and email the results to Santé the day prior to the course starting. Masks will be required at all times and all participants will be intentionally spaced further apart.

***Space is limited**

Register Now

Upcoming Events

Every Tuesday Night

Alumni Online All Inclusive Recovery Meeting at 8 PM CST

March 25, 2022

Trauma Education Association - 1 CE Hour

11:30 AM - 1 PM CST, Via Zoom

"What is Dissociation??"

Jessica Endres, LPC, MA

Click [here](#) for more information and to register.

April 8, 2022

Spectrum of Sexuality Summit - 5.5 CE Hours

8:00 AM - 4:30 PM CST

Denton Country Club in Argyle, Texas

Click [here](#) for more information and to register.

[See More](#)

For All The Right Reasons

You are mission-inspired and results-driven. You chose your profession and calling for all the right reasons. Your work helps people in their most hidden and painful problems every day.

The importance of your work is underscored by how incredibly hard it is. Any given day might bring massive challenges with your clients or patients. Who else is in it for all the right reasons? Who can you trust to work alongside you, providing evidence-based and trauma-resolution care? Who provides the best opportunity for long-term recovery?

Google provides 350,000,000 results when searching “addiction treatment.” This is an overwhelming number of options that you can ascertain for quality, but can your clients or patients?

They look to you to:

- Distinguish clinical experience and expertise from nonessential amenities and impersonal call centers;
- Connect them to higher levels of care ready for the increasing complexity of their problems and to discover and begin to heal from the root issues underneath, therefore decreasing the likelihood of relapse;
- Recognize other facilities may dress the part but lack integrity.

They look to you. And you look to Santé Center for Healing for expertise, integrity and long-term recovery...for all the right reasons.

Santé Center for Healing: What We Treat...

<https://www.santecenter.com/miracles-happen-on-the-hill-flipbook/>

Santé Center for Healing: Continuum of Care...

<https://www.santecenter.com/continuum-of-care-flipbook/>

Connect With Us

When you submit the [*"Santé Connections" form*](#), your information is accessible to Santé's intake counselors, aftercare coordinator, and family therapists for referral purposes.

Share Your Experience

Santé provides quality care and programs for long-term recovery. If there is anything we can do to improve, please [*reach out to us*](#). When you reflect on our continued

collaboration and/or our shared clients who are doing well, share the experience on [Facebook](#) or [Google](#).

Take a Virtual Tour of Santé Center for Healing



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Santé Center for Healing has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7031. Programs that do not qualify for NBCC credit are clearly identified. Santé Center for Healing is solely responsible for all aspects of the programs.