



## Long-Term Recovery Newsbites

[www.santecenter.com](http://www.santecenter.com)

February 2021

800.258.4250

We are hoping this finds you and yours in a safe and warm environment. If it impacted your family or simply your news feed, the historical weather event and associated power grid situation in Texas has been difficult and devastating for so many people.

At Santé, our first priority during this time has been to keep clients and staff safe and to continue delivering the best services in spite of the situation. If you are or have been directly impacted, please do let us know how we can support you and your family.

Our best to you...

# SPECTRUM OF SEXUALITY SUMMIT



## SAVE THE DATE

### 6-hour CE Event

This third annual education and inspiration-filled day spans the spectrum of sexuality topics. Hear from expert therapists from multiple viewpoints – CSATs, sex therapists, sex educators, LPCs, LMFTs and more – from across Texas and beyond. Evidence-based theory and implementation ideas for your work and your clients.

**Date/Time:**

Friday, April 9, 2021  
8:45 a.m. - 4:15 p.m.

**Cost:**

\$20

**Location:**

Virtual Format Only - via Zoom

**Registration Coming Soon!**

## Top 25 Things I Love About Santé

We recently asked Alumni and staff to share the "Top 25 Things I Love About Santé" in celebration for our 25th Anniversary. Below are some of the key words and phrases taken from their lists.





## Our Alumni

We love the relationship we have with our Alumni. It is an honor and joy to celebrate in their successes and to stand by them in hardships. Here is some of what they have recently shared.

*"90 days sober today."*

Brendan O on 2/2/21

*"I had a belly button birthday yesterday 1/31. Coming up on 6 years clean and sober soon though."*

John H on 2/1/21

*"January 19th, 2021 = my 1 year and 2 months!!"*

Tammy B on 1/31/21

*"Todd G and he has been sober six months and is holding down a job for the first time in years. He just wanted to pass it along and his well wishes to everyone that helped him while he was here."*

Shared by Case Manager/Primary Therapist Jason on 1/27/21



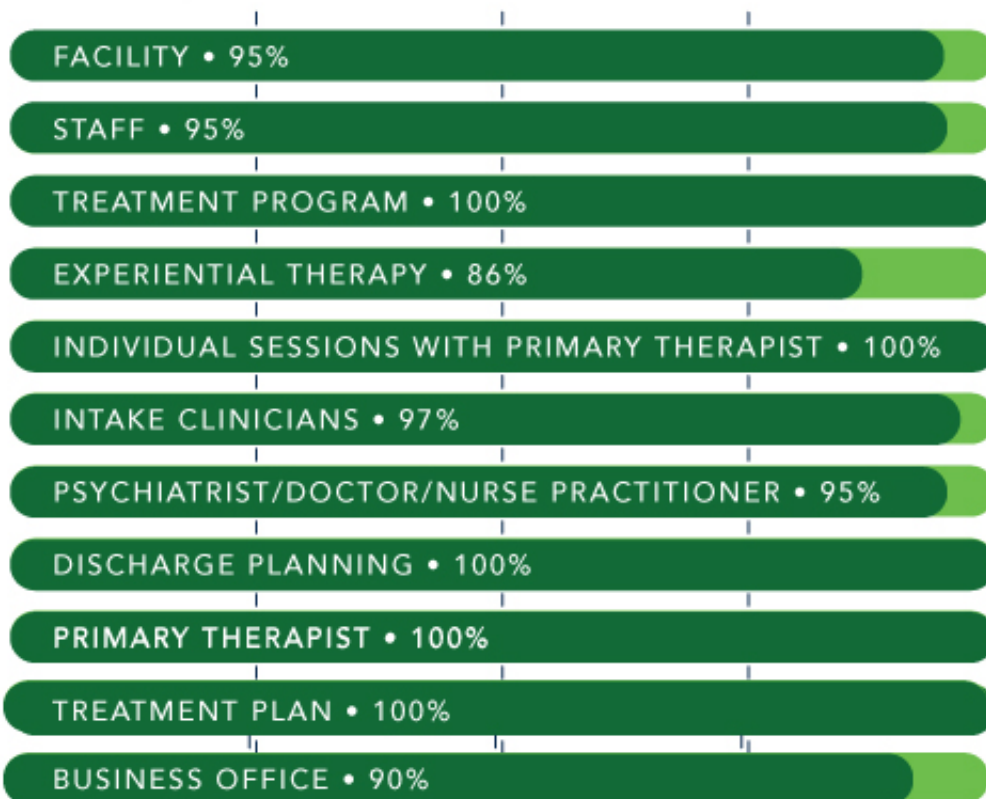
## Outcomes



# Patient Satisfaction Survey: Quarter 4, 2020

Residential patients are surveyed at discharge.

Those who responded "very" or "mostly satisfied" are:



## \*Additional comments/suggestions:

"Awesome, I learned more than I thought I would."

"Saved my life."

"Best & most comprehensive rehab I have ever experienced. I wish I had found Santé 4 years ago when I relapsed. I am very grateful for my experience here & will recommend Santé."

"Fantastic."

"The entire experience was great for establishing a new life & habits."

"Staff & treatment are excellent. I'd recommend to anyone. Thank you kindly."

"Staff was generally knowledgeable & medical staff was helpful & demonstrated expertise in their field of training. Mental health technicians were helpful & generally seemed concerned with patient care."

"All of the case managers were concerned, caring & helpful. The techs & nurses were knowledgeable & caring."



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## Staff Sentiments

**Sam R. Slaton, MEd, LPC-S, MBA, MHSM**

Chief Operating Officer

17 years at Santé Center for Healing

**Step Two**



**"Came to believe that a Power greater than ourselves could restore us to sanity."**

Some people are wary of Alcohol Anonymous because of its religious connotations. The hope of healing and trusting in a Higher Power can be difficult for addicts to embrace. However, the Higher Power can come to mean something different for different people. "The hoop you have to jump through is a lot wider than you think." <sup>1</sup> Not only are there "wider" options on what Higher Power can mean, but people can also take their time to figure it out. We aren't required to believe any specific thing while working the 12 Steps, but it is just suggested to keep an open mind and see

what happens while moving through the steps. Developing an open mind to consider change, challenging one's beliefs, and taking action is not an easy task, but it is important for those desiring long-term recovery to understand there is hope and healing. One must be able to hope and trust that there is a lasting recovery for themselves, that they are worth it, and that embracing the concept of a Higher Power is part of the process to restore sanity and gain a lasting recovery. And for us at Santé...it's all about the long-term recovery!

*1. Twelve Steps and Twelve Traditions*

## Investing in the Future

Santé proudly awards The Dr. Deb Corley & Santé Center for Healing Scholarship to **Emma Morrone**.

The Dr. Deb Corley & Santé Center for Healing Scholarship in honor of Santé's co-founder/co-owner Dr. Deb Corley, PhD, LMFT, LCDC, LSOTP, CSAT, CMAT. It is awarded to individuals pursuing a graduate degree towards work in the mental and behavioral health field.

Emma is from Argyle, Texas. She is pursuing a Masters of Arts in Counseling Psychology at Texas Woman's University. Emma desires to be a mental and behavioral health professional that encourages patients to push past their pain and diagnosis and march forward into the bright life ahead of them. She hopes to someday leave a legacy that motivates mental and behavioral health professionals to be inspired by way she provides hope and empowerment to all her clients.




## Questions to Ask

**Questions Your Clients Need to Ask a Potential Treatment Program**

- What is the addiction treatment philosophy?
- Does the program have therapists who have been trained and certified in different types of therapy?
- Does the program offer different types of therapy?
- Does the program offer family therapy?

**Learn What to Look for in a Treatment Program**



## Upcoming Events

### **February 22, 2021**

Alumni Online Y12SR (Yoga of 12-Step Recovery) Meeting 7 PM CDT

### **February 23, 2021**

Alumni Online All Inclusive Recovery Meeting at 9 PM CDT

### **March 1, 2021**

Alumni Online Y12SR (Yoga of 12-Step Recovery) Meeting 7 PM CDT

### **March 2, 2021**

Alumni Online All Inclusive Recovery Meeting at 9 PM CDT

### **March 8, 2021**

Alumni Online Y12SR (Yoga of 12-Step Recovery) Meeting 7 PM CDT

### **March 9, 2021**

Alumni Online All Inclusive Recovery Meeting at 9 PM CDT

### **March 15, 2021**

Alumni Online Y12SR (Yoga of 12-Step Recovery) Meeting 7 PM CDT

### **March 16, 2021**

Alumni Online All Inclusive Recovery Meeting at 9 PM CDT

### **March 19, 2021**

SIPER: Santé's Institute for Professional Education and Research

3 Hour Ethics CE Event, 10 AM - 1 PM via Zoom

"Innovation and Ethics in Mental Health" - Tina Johnston, NCC, LPC, EVGP, GCDF, MCC

Click [here](#) to register

### **March 22, 2021**

Alumni Online Y12SR (Yoga of 12-Step Recovery) Meeting 7 PM CDT

### **March 23, 2021**

Alumni Online All Inclusive Recovery Meeting at 9 PM CDT

### **March 29, 2021**

Alumni Online Y12SR (Yoga of 12-Step Recovery) Meeting 7 PM CDT

**March 30, 2021**

Alumni Online All Inclusive Recovery Meeting at 9 PM CDT

**April 5, 2021**

Alumni Online Y12SR (Yoga of 12-Step Recovery) Meeting 7 PM CDT

**April 6, 2021**

Alumni Online All Inclusive Recovery Meeting at 9 PM CDT

**April 9, 2021**

The 3rd Annual Spectrum of Sexuality Summit  
Registration Coming Soon

[See More](#)



You are mission-inspired and results-driven. You chose your profession and calling for all the right reasons. Your work helps people in their most hidden and painful problems every day.

The importance of your work is underscored by how incredibly hard it is. Any given day might bring massive challenges with your clients or patients. Who else is in it for all the right reasons? Who can you trust to work alongside you, providing evidence-based and trauma-resolution care? Who provides the best opportunity for long-term recovery?

Google provides 350,000,000 results when searching “addiction treatment.” This is an overwhelming number of options that you can ascertain for quality, but can your clients or patients?

They look to you to:

- Distinguish clinical experience and expertise from nonessential amenities and impersonal call centers;
- Connect them to higher levels of care ready for the increasing complexity of their problems and to discover and begin to heal from the root issues underneath, therefore decreasing the likelihood of relapse;
- Recognize other facilities may dress the part but lack integrity.

They look to you. And you look to Santé Center for Healing for expertise, integrity and long-term recovery...for all the right reasons.

**Santé Center for Healing: What We Treat...**

[\*\*https://www.santecenter.com/miracles-happen-on-the-hill-flipbook/\*\*](https://www.santecenter.com/miracles-happen-on-the-hill-flipbook/)

**Santé Center for Healing: Continuum of Care...**

[\*\*https://www.santecenter.com/continuum-of-care-flipbook/\*\*](https://www.santecenter.com/continuum-of-care-flipbook/)



# Connecting with Us

When you submit the ["Santé Connections" form](#), your information is accessible to Santé's intake counselors, aftercare coordinator, and family therapists for referral purposes.

## Share Your Experience

Santé provides quality care and programs for long-term recovery. If there is anything we can do to improve, please [reach out to us](#). When you reflect on our continued collaboration and/or our shared clients who are doing well, share the experience on [Facebook](#) or [Google](#).



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