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Long-Term Recovery Newsbites

www.santecenter.com

December 2021

800.258.4250



Season's Greetings to You & Yours!

Be sure to check out the Santé Center caboose live and in action this year at [The Trains at NorthPark](#) exhibit benefiting the Ronald McDonald House of Dallas – hand painted by Hallie Young, Regional Marketing Specialist.

There are 3 references to Christmas movies hidden in the background of the train image above. Can you identify them & their movies? Answers: <https://bit.ly/2021santeholidaygameak>



Happy Holidays from the Santé Leadership Team

George W. Straw, Jr, Co-Owner; Hollie Higgins, Business Development Director; Sarah Cosgrove, Director of Finance; Deborah Corley, PHD, LMFT, LCDC, LSOTP, CSAT, CMAT, Co-Founder, Co-Owner and Clinical Consultant; Avery Rowles, MA, LPC, CSAT, Clinical Director; John Hart, Director of Facility Operations; Michelle Luttrell, MA, LMFT-S, Director of Intake and Admissions, Student Training; Renee Stone, RN, BSN, CARN, Director of Nursing; Susmitha Thota, MHSM, MBA, Director of Compliance & CARF International Surveyor; Sam Slaton, M.ED, LPC-S, MBA, MHSM, Chief Operating Officer; Keri Gonzalez, SHRM-CP, Human Resource Director (not pictured: Dennis Wade, MS, FACHE, Chief Executive Officer and Adam Karazuba, MSW, LMSW, Director of Outpatient Programming)

Investing in the Future

Collegiate Scholarship Recipients Announced

Santé is proud to announce the recipients of The Dr. Deb Corley & Santé Center for Healing Scholarship and The Rip Corley & Santé Center for Healing Scholarship.

The Dr. Deb Corley & Santé Center for Healing Scholarship is in honor of Santé's co-founder/co-owner Dr. Deb Corley, PhD, LMFT, LCDC, LSOTP, CSAT, CMAT. This is going to two individuals pursuing a graduate degree towards work in the mental and behavioral health field.

The Rip Corley & Santé Center for Healing Scholarship in memory of Santé's co-founder Rip Corley, LMSW, RN. This is going to an individual in recovery from addiction for at least two years, having completed at least one year in college and pursuing an undergraduate degree from an accredited college and/or university.

"We offer these collegiate scholarships with the desire to assist individuals who are working to further their education. Helping collegiates specifically wanting to pursue a degree in these important fields aligns with Santé's core values," says Santé's Chief Operating Officer Sam Slaton, M.ED., LPC-S, MBA, MHSM. "Providing assistance to those entering this field is a privilege."

The Dr. Deb Corley & Santé Center for Healing Scholarship
Regan Browne, University of North Texas
Jordan Doyle, Texas A&M University-Commerce
Denise Lopez, Tarleton State University

The Rip Corley & Santé Center for Healing Scholarship
Christopher Valls, Tarrant County College North East

Upcoming Clinical CE Presentations

SIPER

Santé Institute for Professional
Education and Research

Presents:

Continuing Education Events

January 21, 2022

12:00 p.m. - 1:00 p.m. CST

1 CE Hour

Zoom

**"12 Step Recovery-Therapy in
Disguise: Understanding the
Intersection of Counseling and
12 Step Recovery"**

Presented by:

Blanca Sanchez-Navarro, LPC-S,



Register Now

Our Alumni

We love the relationship we have with our Alumni. It is an honor and joy to celebrate in their successes and to stand by them in hardships. Here is some of what they have recently shared.

“
I'm thankful for my family and [my] Santé family who stuck by me with support and encouragement during my stay there!
 - Karen B on 11/24/21
 ”

“ **[Santé is a] Great place to receive personalized treatment. Your treatment plan [is] based on your needs.**
 - Gary W on 12/6/21 ”

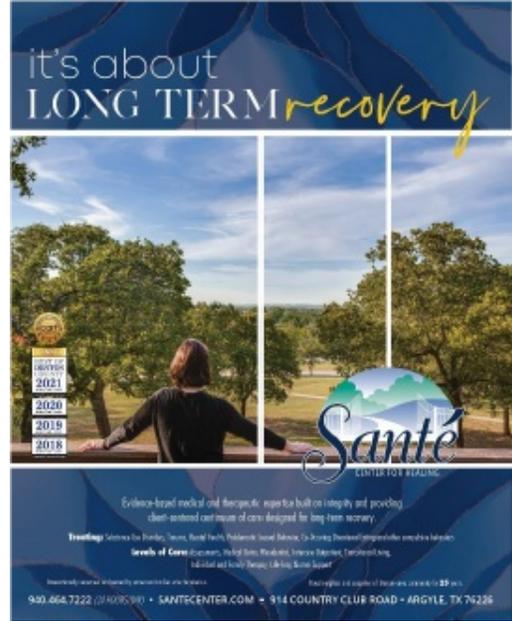
“
What I learned in active addiction was how to lie, cheat, steal, and manipulate very well. None of these things serve me or my fellow man today. What I've learned in this year and one month of sobriety is how to be honest, have integrity, give without expectation of getting, to do what I say I'm going to do, and to be where I say I'm going to be. Life is much simpler now (I say this as I'm expecting my first child). The truth is that I've gained so much more simply by not thinking so much about myself, but by thinking about how I can be of service to others. I'm not sure why I'm posting this today but I hope that it does some good for someone else.
 - Brendan O on 12/15/21
 ”

Best of Denton County

Santé Center for Healing is very proud of winning Best of Denton County for four years in a row! Congratulations to all the

Best Of Denton County nominees and winners.

Click [here](#) or the button below to check out all the winners in the 2021 Best Of Denton County top businesses magazine. (Find us on pages 28 & 30)



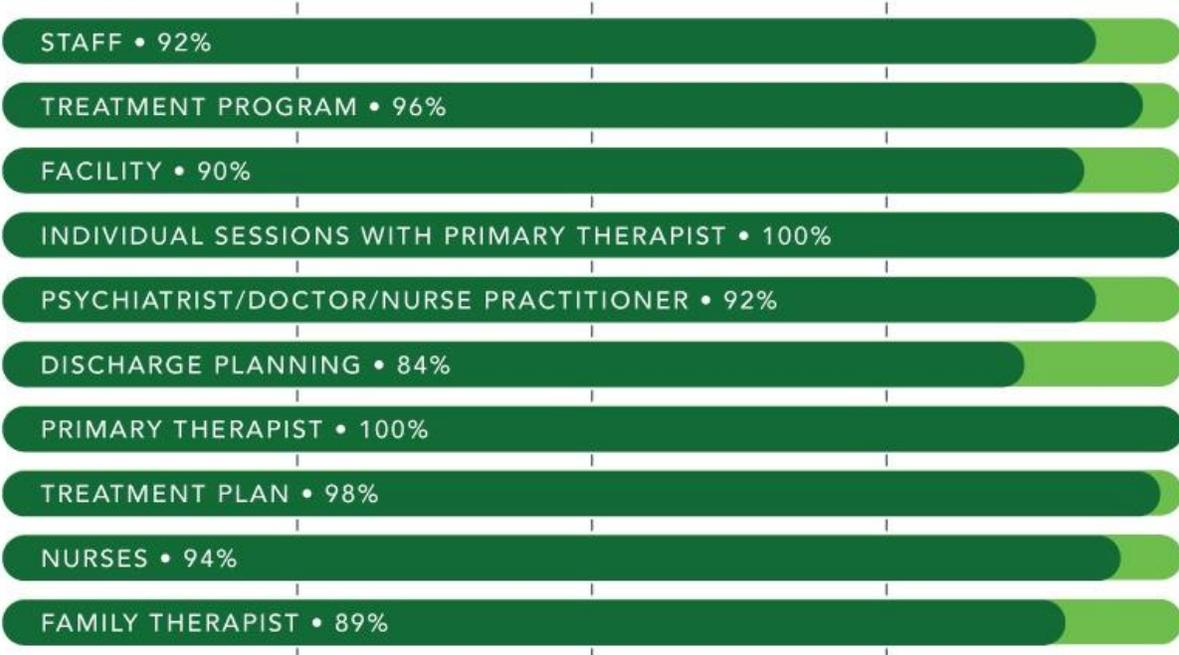
Outcomes

Santé Center for Healing measures client satisfaction to provide top-tier client care services, measure staff & organization performance, & improve client care experience.

Residential clients are asked to take a survey at discharge. Results are based only on those that agreed to participate. Those who responded "very" or "mostly satisfied" are:

CLIENT SATISFACTION SURVEY: QUARTER 3, 2021

Santé Center for Healing measures client satisfaction to provide top-tier client care services, measure staff & organization performance, & improve client care experience. Residential clients are asked to take a survey at discharge. Results are based only on those that agreed to participate. Those who responded "very" or "mostly satisfied" are:



Reasons to be Grateful this Holiday Season

Your clients and patients have gone through a lot in their lives. It has also been a difficult year for many of us. It can be hard to determine what we should be grateful for during difficult times.

Here are a few tools and things your clients and patients can consider when searching for reasons to be grate this holiday season.



Recognize All You've Accomplished

Being thankful for all you have overcome can be a good starting point. Giving thanks for things like no longer being dependent on drugs or alcohol is important. During recovery, it becomes essential for you to understand just how hard this work of getting clean and staying. It's not easy, but it can be an exceptional reason to be thankful.

Being Grateful Leads to Good Things

When you allow some of the frustration and hate out of your mind and heart and work to express more gratitude, you may be able to achieve far more than you thought possible.

Appreciate the Simple Things

One of the first steps in feeling gratitude is to look for the little things in your life that are good and worthy. That could be the relationship that has helped you to get sober. But it could also be stepping outside and hearing a bird chirp. Because you are clean, you can do that.

[Read the Full Article](#)

Staff Sentiments

Sam R. Slaton, MEd, LPC-S, MBA, MHSM
Chief Operating Officer
17 years at [Santé Center for Healing](#)

Step Twelve

“Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.”



As an individual works the 12th Step, the realization comes that they have strength they previously weren't aware of. Step work leads to a "spiritual awakening" or the understanding that they are "in possession of a degree of honesty, tolerance, unselfishness, peace of mind, and love of which he had thought himself quite incapable."¹ Once the step is reached, the individual will then go on to share the message, help others, and continue to live each step in all they do.

We can all apply the spirit of the 12th Step as we look at the close of the year. At this time of year, one is apt to review the past 12 months, what has transpired and where life has led them. Looking at the lessons learned, goals reached, and goals remaining, we determine ways to be of service to others in the upcoming year. Let us celebrate our successes and evaluate our disappointments as we can learn from both.

During the last year and the 24 years prior to it, Santé has remained steadfast in our vision to help those struggling with addiction, mental health, and trauma. We have been and will continue to be there for you, your clients and your patients. Let us know how we can help in the New Year and beyond. The Santé family wishes you a wonderful holiday season and an amazing 2022!

1. *Twelve Steps and Twelve Traditions*

Upcoming Events

Every Tuesday Night

Alumni Online All Inclusive Recovery Meeting at 8 PM CST

January 21, 2022

SIPER CE- 1 CE Hour

12:00 PM - 1 PM CST, Via Zoom

"12 Step Recovery-Therapy in Disguise: Understanding the Intersection of Counseling and 12 Step Recovery"

Blanca Sanchez-Navarro, LPC-S, LCDC

Click [here](#) for more information and to register.

January 28, 2022

Trauma Education Association - 1 CE Hour

11:30 AM - 1 PM CST, Via Zoom

"Making the Case for Trauma Integrated Care in Addictions Treatment"

Steve Carleton, LCSW, CACIII

Click [here](#) for more information and to register.

February 16-18, 2022

Maintaining Proper Boundaries Course - CME Hours

Virtual via Zoom

Additional information and registration available soon

[See More](#)

For All The Right Reasons

You are mission-inspired and results-driven. You chose your profession and calling for all the right reasons. Your work helps people in their most hidden and painful problems every day.

The importance of your work is underscored by how incredibly hard it is. Any given day might bring massive challenges with your clients or patients. Who else is in it for all the right reasons? Who can you trust to work alongside you, providing evidence-based and trauma-resolution care? Who provides the best opportunity for long-term recovery?

Google provides 350,000,000 results when searching “addiction treatment.” This is an overwhelming number of options that you can ascertain for quality, but can your clients or patients?

They look to you to:

- Distinguish clinical experience and expertise from nonessential amenities and impersonal call centers;
- Connect them to higher levels of care ready for the increasing complexity of their problems and to discover and begin to heal from the root issues underneath, therefore decreasing the likelihood of relapse;
- Recognize other facilities may dress the part but lack integrity.

They look to you. And you look to Santé Center for Healing for expertise, integrity and long-term recovery...for all the right reasons.

Santé Center for Healing: What We Treat...

<https://www.santecenter.com/miracles-happen-on-the-hill-flipbook/>

Santé Center for Healing: Continuum of Care...

<https://www.santecenter.com/continuum-of-care-flipbook/>

Connect With Us

When you submit the ["Santé Connections" form](#), your information is accessible to Santé's intake counselors, aftercare coordinator, and family therapists for referral purposes.

Share Your Experience

Santé provides quality care and programs for long-term recovery. If there is anything we can do to improve, please [reach out to us](#). When you reflect on our continued collaboration and/or our shared clients who are doing well, share the experience on [Facebook](#) or [Google](#).

Take a Virtual Tour of Santé Center for Healing



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