



Long-Term Recovery Newsbites

www.santecenter.com

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800.258.4250



Adam Karazuba, MSW, LMSW

Director of Outpatient Programming

1 year at [Santé Center for Healing](http://www.santecenter.com)

Take Care of Today so You Can Handle Tomorrow

Step Ten of the Twelve Steps is “Continued to take personal inventory and when we were wrong promptly admitted it.” This is an important task that can be done daily and should continue no matter how long you’ve been in recovery. The quicker you can determine a wrong was committed, admit to it and

apologize for it, the better things are for your recovery and the relationship with that individual. Taking a daily inventory will help keep you in check emotionally and on the right path. As we enter the holiday season, this is a vital step for those who feel increased stress and have strained family relationships.



Intensive Therapy Workshops

Trauma Intensive Workshop

December 2-5, 2019*

Mindful Transformation: Redefining Your Trauma is a 4-Day Therapy Intensive Workshop that helps participants identify and address stuck points - negative ways of thinking that stem from traumatic life events. Participants learn new skills and ways of thinking to assist in their recovery, by facing trauma (emotional, physical and sexual) in a safe, serene and supportive environment.

Quotes from recent Trauma Intensive Workshop attendees:

“Lisa is an awesome instructor and just the right therapists for this work because she doesn’t present mere theories, but shares what has worked and continues to work in her own process and in the lives of many clients using CPT.”

"I didn't even realize I was allowing negative stuck points affect me. I was able to recognize my trauma and work past years of fear from ONE worksheet. I truly believe I wasn't going to be a reliable source anymore and now I see how I really am... How I was false in my feelings. Very helpful!"

"CPT Process was very helpful in reducing my negative feelings related to my childhood trauma. Small group size, lots of individual attention. Highly recommend!"

For more information to see if trauma workshop is right for you, contact Lisa King, MS, NCC, LPC-Intern.

Phone: 940.293.7117

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***Space is limited**

Register Now



INFORMATION

SUBMISSION PERIOD: Oct. 1, 2019-Dec. 31, 2019

AWARD ANNOUNCEMENT: Jan. 20, 2020

AWARD DATE: Jan. 30, 2020

SUBMIT APPLICATION TO:

Scholarship Team/Special Programs

Santé Center for Healing

914 Country Club Road

Argyle, TX 76226

SANTÉ CENTER FOR HEALING SCHOLARSHIPS

THE 3 COLLEGIATE SCHOLARSHIPS OFFERED

In recognition of three of Santé's legacy makers – co-founder Rip Corley, co-founder/co-owner Deb Corley & CEO Dennis Wade, we extend financial collegiate scholarships to students wishing to further & advance their education. To find out more about each of the scholarships' eligibility requirements & rules, please visit www.santescholarship.com.

RIP CORLEY
SCHOLARSHIP



UNDERGRADS IN
RECOVERY

DR.
DEB CORLEY
SCHOLARSHIP



GRADS IN
MENTAL
HEALTH

DENNIS WADE
SCHOLARSHIP



GRADS IN
HEALTHCARE
MANAGEMENT

Scholarship Insights and Eligibility
Requirements

Our Alumni



2019 Alumni Retreat

Maintaining Proper Boundaries

Next Course Offered: February 19-21, 2020*

Maintaining Proper Boundaries, is a 3-day training course providing self-assessment, knowledge, awareness, skills, applicable tools and prevention strategies to healthcare professionals with difficulty maintaining proper boundaries with patients, colleagues and/or staff.

Who Should Attend:

This course is recommended to any licensed healthcare professionals in safety sensitive positions who experience difficulty establishing and maintaining proper boundaries. Hospitals, health systems, professional peer health programs may refer health care practitioners:

- as a preventative measure for continuing medical education specialized for healthcare professionals'
- as a behavior intervention
- or as an adjunct to a relapse prevention plan. Self-referrals are welcome.

*Space is limited

Register Now

Licensed Professional Assessments

Santé Center for Healing's Licensed Professional Assessment offers a fair, precise and objective investigation of a professional in crisis. Data collected during the assessment is used to gauge the professional's ability to return to work, provide monitoring recommendations and/or the necessity for him/her to seek further [addiction treatment](#).

Some components of the assessment include:

- Psychiatric evaluation
- Biopsychosocial assessment
- General history and physical examination with screening laboratory studies
- Family systems assessment
- Clinical assessment and interviews
- Nursing assessment
- Collection of data from collateral sources
- History and examination by psychologist with psychological screening
- Additional testing, if necessary, including such tests as polygraphs and Abel Screening
- Timely written report with any associated recommendations

Learn
More



Continuing Education Events

Presented by:

SIPER

*Santé Institute for Professional
Education and Research*

Join our growing Facebook group to stay in the know of all of our CE opportunities!
Santé Institute for Professional Education and Research (SIPER)

Upcoming Events

December 2-5, 2019

Intensive Therapy Workshop

Mindful Transformation: Redefining Your Trauma

[Learn More](#)

January 27-30, 2020

Intensive Therapy Workshop

Free To Be Me: Rescuing Yourself From Co-dependency

[Learn More](#)

February 19-21, 2020

Maintaining Proper Boundaries Course

[Learn More](#)

[See More](#)

Connecting with Us

When you submit the ["Santé Connections" form](#), your information is accessible to Santé's intake counselors, aftercare coordinator, and family therapists for referral purposes.

Share Your Experience

Santé provides quality care and programs for long-term recovery. If there is anything we can do to improve, please [reach out to us](#). When you reflect on our continued collaboration and/or our shared clients who are doing well, share the experience on [Facebook](#) or [Google](#).





COME SEE US AT SANTÉ!
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