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Long-Term Recovery Newsbites

www.santecenter.com

October 2021

800.258.4250

Santé Celebrates 25 Years of Healing

Santé staff members have found different ways to celebrate our 25th Anniversary. Here are staff members touting our 25 year legacy - one that we all are proud and honored to commemorate.



Maintaining Proper Boundaries Continuing Medical Education Course

Next Course Offered: November 3-5, 2021 *

Maintaining Proper Boundaries, is a 3-day Continuing Medical Education training course providing self-assessment, knowledge, awareness, skills, applicable tools and prevention strategies to healthcare professionals with difficulty maintaining proper boundaries with patients, colleagues and/or staff.

Who Should Attend:

This course is recommended to any licensed healthcare professionals in safety sensitive positions who experience difficulty establishing and maintaining proper boundaries. Hospitals, health systems, professional peer health programs may refer health care practitioners:

- as a preventative measure for continuing medical education specialized for healthcare professionals'
- as a behavior intervention
- or as an adjunct to a relapse prevention plan. Self-referrals are welcome.

Note Regarding COVID-19:

Participants will need to take a rapid COVID-19 test and email the results to Santé the day prior to the course starting. Masks will be required at all times and all participants will be intentionally spaced further apart.

What Attendees Have Shared

"I wish there an was option for 5+ rating - very good presentation."

"It has given me insight into why I allowed this situation to occur. This course will

allow me to prevent future such events"

"Very understanding and shows how much work I need to do on my self. (the light going on)"

***Space is limited**

Register Here



Investing in the Future



INFORMATION

SUBMISSION PERIOD: Sept. 13, 2021-Dec. 6, 2021
AWARD ANNOUNCEMENT: Dec. 10, 2021
AWARD DATE: Dec. 21, 2021

SUBMIT APPLICATIONS TO:

For the Rip Corley Scholarship: <http://bit.ly/santescholarrip>
For the Dr. Deb Corley Scholarship: <http://bit.ly/santescholardeb>
For the Dennis Wade Scholarship: <http://bit.ly/santescholaridennis>

RIP CORLEY
SCHOLARSHIP



UNDERGRADS IN
RECOVERY

DR.
DEB CORLEY
SCHOLARSHIP



GRADS IN
MENTAL
HEALTH

DENNIS WADE
SCHOLARSHIP



GRADS IN
HEALTHCARE
MANAGEMENT

SANTÉ CENTER FOR HEALING SCHOLARSHIPS

THE 3 COLLEGIATE SCHOLARSHIPS OFFERED

In recognition of three of Santé's legacy makers - co-founder Rip Corley, co-founder/co-owner Deb Corley & CEO Dennis Wade, we extend financial collegiate scholarships to students wishing to further & advance their education. To find out more about each of the scholarships' eligibility requirements & rules, please visit www.santescholarship.com.

Learn
More

Our Alumni

We love the relationship we have with our Alumni. It is an honor and joy to celebrate in their successes and to stand by them in hardships. Here is some of what they have recently shared.

Spent the last 6 months learning how to identify when I need to do exactly the opposite of what my mind tells me to do. It's gotten a little easier every day and life doesn't suck nearly as bad as it did 6 months ago. Life is good now. - Octavio G on 9/26/21

I'm celebrating my 90th day of sobriety today! Never thought I could do it, but all is well. - Jerry G on 10/16/21

I'm thankful for my IOP group because without them...I would've replaced completely for sure!! - Angela F on 10/19/21

I'm grateful to be a recovering alcoholic. AA has brought a spiritual solution into my life that is second to none! - Brendan O on 10/16/21

Grateful to be able to come through challenges in sobriety rather than taking roads more often traveled in my past. Sitting in my feelings is still difficult after all this time worth it! - Kent D on 10/22/21

5 years ago I was at rock bottom. I had the privilege of getting to meet one of your therapist and engaging in Santé's daily routine for 3 months. I did the work! And although it hasn't been easy and I've definitely had to live by the saying "One day at a time" I at least have my life back and a pretty strong hold of it as well. Since then I've accomplished a major goal of mine which was being featured in Street Trucks magazine with my truck I had been neglecting for so long prior to enrolling into Santé. I built my truck up to its current glory based around my recovery and the love for myself and from my family! Thank you Santé. And I don't know if she still works there but thank you Jo Ann! - Philip G on 9/24

Thank you Santé Center for helping me when I knew nobody and didn't know where to go. Today I have two years sobriety. I quit smoking and all other forms for tobacco. I am closer to my higher power, Jesus, than ever before. Thank you for the tools and support....One day at a time." - Phillip B on 10/11/21

I'm so grateful to be sober today and living a healthy more enjoyable life! - Brittany H on 9/29/21

I'm thankful for today. It's been 2 years since I completed IOP. As I look back on my time at Santé I am so thankful for all the people I met, both counselors, other staff and of course my fellow patients. - Robert S on 10/3/21

Outcomes

PATIENT SATISFACTION SURVEY: QUARTER 2, 2021

Santé Center for Healing measures patient satisfaction to provide top-tier patient care services, measure staff & organization performance, & improve patient care experience. Residential patients are asked to take a survey at discharge. Results are based only on those that agreed to participate. Those who responded "very" or "mostly satisfied" are:

STAFF • 92%

TREATMENT PROGRAM • 85%

EXPERIENTIAL THERAPY • 92%

INDIVIDUAL SESSIONS WITH PRIMARY THERAPIST • 92%

PSYCHIATRIST/DOCTOR/NURSE PRACTITIONER • 85%

DISCHARGE PLANNING • 85%

PRIMARY THERAPIST • 92%

TREATMENT PLAN • 85%

NURSES • 85%

BUSINESS OFFICE STAFF • 85%



www.santecenter.com

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News & Media

Santé was recently featured in the Flower Mound October edition of *Living Magazine*. They interviewed and an Alumni, Olivia, who shares her story and Santé Primary Therapist, Shelley Evans, M.Ed., LPC, EMDR Certified.

Click [here](#) or below to read the article.

Pictured: 4 of Santé's 16 Clinicians: Andrew Ahles, LMFT, ICGC-I; Ashley Whitted, MS, LPC, CSAT-Candidate; Shelley Evans, M.Ed., LPC, EMDR-Certified; and Josh Pitre, MSW, LCSW, EMDR-Trained



[Read the Article](#)

How Addiction Affects Families

When a person is struggling with

addiction, they often feel like it's solely a personal experience. In fact, because of the devastating facts that addictive substances have on the user, it might not be obvious to them how addiction affects families. As you know, when a loved one is struggling with addiction, their parents, children, and spouses often experience negative effects as well.



At Santé Center for Healing, we're committed to providing support for families and loved ones of those who are in recovery. Whether your client is in recovery from addiction, mental health conditions, or a combination of the two, we can help their family. [Family support](#) for addiction is often essential for long-term recovery. Let us help them begin the journey to recovery.

UNDERSTANDING HOW ADDICTION AFFECTS FAMILIES

In many cases, the effects of addiction happen so gradually, that family members might not even realize what is going on until much later. It's often only during family therapy that a true understanding of how addiction affects families begins to become evident. As a result, it is often necessary to find addiction treatment for families. Below are just a few of the many ways that addiction changes families.

- Separation from Relationships
- Negativity and Emotional Turmoil
- Pushes Others into a Caretaker Role
- Challenges to the Family's Finances

Click below to read the full article.

[Read the Full Article](#)

Staff Sentiments



Adam Karazuba, MSW, LMSW
Director of Outpatient Programming
3 years at [Santé Center for Healing](#)

Take Care of Today so You Can Handle Tomorrow

Step Ten of the Twelve Steps is "Continued to take personal inventory and when we were wrong promptly admitted it." This is an important task that can be done daily and should continue no matter how long you've been in recovery. The quicker you can determine a wrong was committed, admit to it and apologize for it,

the better things are for your recovery and the relationship with that individual.

Taking a daily inventory will help keep you in check emotionally and on the right path. As we enter the holiday season, this is a vital step for those who feel increased stress and have strained family relationships.

Upcoming Events

November 2, 2021

Alumni Online All Inclusive Recovery Meeting at 8 PM CST

November 3-5, 2021

Maintaining Proper Boundaries Course

Click [here](#) for more information and to register

November 9, 2021

Alumni Online All Inclusive Recovery Meeting at 8 PM CST

November 16, 2021

Alumni Online All Inclusive Recovery Meeting at 8 PM CST

November 23, 2021

Alumni Online All Inclusive Recovery Meeting at 8 PM CST

November 30, 2021

Alumni Online All Inclusive Recovery Meeting at 8 PM CST

[See More](#)

For All The Right Reasons

You are mission-inspired and results-driven. You chose your profession and calling for all the right reasons. Your work helps people in their most hidden and painful problems every day.

The importance of your work is underscored by how incredibly hard it is. Any given day might bring massive challenges with your clients or patients. Who else is in it for all the right reasons? Who can you trust to work alongside you, providing evidence-based and trauma-resolution care? Who provides the best opportunity for long-term recovery?

Google provides 350,000,000 results when searching “addiction treatment.” This is an overwhelming number of options that you can ascertain for quality, but can your clients or patients?

They look to you to:

- Distinguish clinical experience and expertise from nonessential amenities and impersonal call centers;
- Connect them to higher levels of care ready for the increasing complexity of

- their problems and to discover and begin to heal from the root issues underneath, therefore decreasing the likelihood of relapse;
- Recognize other facilities may dress the part but lack integrity.

They look to you. And you look to Santé Center for Healing for expertise, integrity and long-term recovery...for all the right reasons.

Santé Center for Healing: What We Treat...

<https://www.santecenter.com/miracles-happen-on-the-hill-flipbook/>

Santé Center for Healing: Continuum of Care...

<https://www.santecenter.com/continuum-of-care-flipbook/>

Connect With Us

When you submit the [*"Santé Connections" form*](#), your information is accessible to Santé's intake counselors, aftercare coordinator, and family therapists for referral purposes.

Share Your Experience

Santé provides quality care and programs for long-term recovery. If there is anything we can do to improve, please [*reach out to us*](#). When you reflect on our continued collaboration and/or our shared clients who are doing well, share the experience on [*Facebook*](#) or [*Google*](#).

Take a Virtual Tour of Santé Center for Healing



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