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Long-Term Recovery Newsbites

www.santecenter.com

September 2023

800.258.4250

Ongoing Pursuit of Excellence & Knowledge

Santé is a proud sponsor of the Trauma Education Association



Trauma Education Association



22
SEPT.



11:30-1:00
A.M. P.M.

CDT

1 CE Hour via Zoom

FEATURED SPEAKER:

Kasey Shaw Salyer, LCSW-S, EMDR,
and Approved Consultant



FEATURED PRESENTATION:

“Behavioral Manifestations of Trauma”

PRESENTATION OVERVIEW:

1. Understand the types of trauma responses
2. Gain a greater understanding of the functionality of these responses in client regulation
3. Build empathy and capacity to serve clients with complex trauma ethically and effectively

CE hours provided:

Texas Certification Board of Alcoholism and Drug Abuse Counselors Provider No. 1584-00

Texas State Board of Examiners Professional Counselors No. 144

Texas State Board of Examiners Marriage and Family No. 344

Therapists Texas State Board of Social Workers Examiners Provider No. 2974

Click [here](#) or the button below for the speaker's bio and to register. **Registration closes on Thursday, September 21, at 11:45 P.M. CDT.**

Register Now



SPECTRUM OF SEXUALITY SUMMIT



5.5 HOURS OF CE'S FOR \$40



25
OCT.



8:30–4:30
A.M. P.M.

ROBSON RANCH DENTON

9428 Ed Robson Circle, Denton, TX 76207

FEATURED SPEAKERS & TOPICS



Tamara Allen Bush,
LPC-S, NCC, CSAT
*Attachment, Compulsivity
& Addiction: Needs &
Healthy Substitutes*



Tomas Altamirano,
LMSW, Supervised
by Robert Boes
#103941
*Practicing with the
LGBTQ+ Community*



Nichelle Wall,
EdD, LPC-S, CST
*Performance Based vs
Pleasure Based
Intimacy*

PANEL DISCUSSION



Ashley Whitted,
MS, LPC, CSAT
*Residential Case
Manager/Primary
Therapist at Santé*



Josh Pitre,
MSW, LCSW, EMDR
Trained, CSAT
*Residential Case
Manager/Primary
Therapist at Santé*



Santé Center for Healing has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7031. Programs that do not qualify for NBCC credit are clearly identified. Santé Center for Healing is solely responsible for all aspects of the programs.

Click [here](#) or the button below for the speakers' bios and to register.

Register Now

THANK YOU
THANK YOU
THANK YOU
THANK YOU
THANK YOU
THANK YOU
THANK YOU
THANK YOU

September is
Recovery Month

**THANK
YOU**

To all who have
chosen to work with
individuals in active
addiction!

Investing in the Future



INFORMATION

SUBMISSION PERIOD: Sept. 5, 2023–Dec. 1, 2023
AWARD ANNOUNCEMENT: Dec. 8, 2023
AWARD DATE: Dec. 19, 2023

SUBMIT APPLICATIONS TO:

For the Rip Corley Scholarship: <https://tinyurl.com/2023scholar-rip>
For the Dr. Deb Corley Scholarship: <https://tinyurl.com/2023scholar-deb>
For the Sam Slaton Scholarship: <https://tinyurl.com/2023scholar-sam>

SANTÉ CENTER FOR HEALING SCHOLARSHIPS

THE 3 COLLEGIATE SCHOLARSHIPS OFFERED

In recognition of three of Santé's legacy makers—co-founder Rip Corley, co-founder/co-owner Deb Corley & CEO Sam Slaton, we extend financial collegiate scholarships to students wishing to further & advance their education. To find out more about each of the scholarships' eligibility requirements & rules, please visit www.santescholarship.com.

RIP CORLEY
SCHOLARSHIP



UNDERGRADS IN
RECOVERY

DR.
DEB CORLEY
SCHOLARSHIP



GRADS IN
MENTAL
HEALTH

SAM SLATON
SCHOLARSHIP



GRADS IN
HEALTHCARE
MANAGEMENT

Collegiate Scholarships Offered:

The [Rip Corley & Santé Center for Healing Scholarship](#) in memory of Santé's co-founder Rip Corley, LMSW, RN. This \$500 award will go to an individual in recovery from addiction for at least two years, having completed at least one year in college and pursuing an undergraduate degree from an accredited college and/or university.

The [Dr. Deb Corley & Santé Center for Healing Scholarship](#) in honor of Santé's co-founder/co-owner Dr. Deb Corley, PhD, LMFT, LCDC, LSOTP, CSAT, CMAT. This \$500 award will go to an individual pursuing a graduate degree towards work in the mental and behavioral health field. Eligible programs include: social work, psychology, nursing, counseling, marriage and family therapy.

The [Sam Slaton & Santé Center for Healing Scholarship](#) in celebration of Santé's CEO Sam Slaton, M.ED., LPC-S, MBA, MHSM for years of leadership. This \$500 award will go to an individual pursuing a graduate degree towards health care management. Eligible programs include: public health, healthcare administration, healthcare management, health systems management, health services administration, Healthcare MBA.

Important Dates for Santé's Scholarships:

- Submission period: September 5, 2023-December 1, 2023
- Award Announcement: December 8, 2023
- Award Date: December 19, 2023

Click [here](#) or the below button for eligibility requirements and other information.

Learn
More

The BEST Rehabilitation Center

Santé is honored to receive the Best of Denton County award for best Substance Abuse Treatment Facility. Click [here](#) or view all the 2023 Best of Denton County winners.



Maintaining Proper Boundaries Continuing Medical Education Course

Next Course Offered: November 1-3 (In-Person Course)

Maintaining Proper Boundaries, is a 3-day training course providing self-assessment, knowledge, awareness, skills, applicable tools and prevention strategies to healthcare professionals with difficulty maintaining proper boundaries with patients, colleagues and/or staff.



Who Should Attend:

This course is recommended to any licensed healthcare professionals in safety sensitive positions who experience difficulty establishing and maintaining proper boundaries. Hospitals, health systems, professional peer health programs may refer health care practitioners:

- as a preventative measure for continuing medical education specialized for healthcare professionals'
- as a behavior intervention
- or as an adjunct to a relapse prevention plan. Self-referrals are welcome.

Register Now

Knowing When to Speak



Melissa Pennington, DO, ABAM, CEDS

Medical Director

With Santé Center for Healing since 2015

Step 9

"Made direct amends to such people wherever possible, except when to do so would injure them or others."

Knowing When to Speak

Step Nine is about an addict making amends to those they have hurt. It is difficult to know when or how to right our wrongs towards those we love and whether it will benefit or hurt them. It takes discipline and guidance from

a sponsor to know when to make these amends, to whom we should make amends, and how much we should disclose when doing so. This step can cause anxiety and stress for many addicts. Those on the receiving end may not be receptive or ready to hear us out.

Reaching out to a sponsor or mentor is a must in these situations. It takes courage to open ourselves up to the possibility of hurt or rejection. On the other hand, there is a freedom that comes with making a sincere apology and righting the wrongs that we inflicted during our active addiction.

Removing Threats to Sobriety

Step Nine restores in me a feeling of belonging, not only to the human race but also to the everyday world. First, the Step makes me leave the safety of A.A., so that I may deal with non-A.A. people "out there," on their terms, not mine. It is a frightening but necessary action if I am to get back into life. Second, Step Nine allows me to remove threats to my sobriety by healing past relationships. Step Nine points the way to a more serene sobriety by letting me clear away past wreckage, lest it bring me down. - from the book *Daily Reflections*



Levels of Care

YOUR JOURNEY TO RECOVERY BEGINS

Professional Assessments

Medical Detox

Residential

Intensive Outpatient

Transitional Living

Family Programming

Indiv. Therapy & Med. Mngmt

Alumni Support

OUR GOAL IS LONG-TERM RECOVERY

Alumni Support

Recovery is not something completed upon leaving a residential level of care program; it is an on-going process of learning and personal growth. Addiction, after all, is a chronic disease. To achieve long-term recovery it is imperative to stay connected. **This isn't about addiction. This is about recovery.**

THIS ISN'T ABOUT ADDICTION THIS IS ABOUT RECOVERY

Santé offers opportunities to apply recovery skills, give service, develop new habits, deepen recovery knowledge, live out relapse prevention, and heal past and current relationships while making new relationships based on the foundation of recovery. Lifelong Santé alumni programming involves, but is not limited to: personal follow-up support; alumni community app; private Facebook community; road trips; recovery-enhancing experiences; text affirmations; Alumni Advisory Board; Annual Alumni Retreat; service opportunities; entertainment-based outings and monthly alumni newsletter. The goal in long-term recovery, and the support and experiences need to achieve it one day at a time.

"Santé empowers to seek healing for healthy relationships and life that we want" – Alumni

"Thanks for hosting a great event!!! Always love catching up Santé peeps. Hope to see you again soon!" – Alumni after Houston Alumni Road Trip

For any questions or for additional information, click on the button below or call 940.464.7222.

Click [here](#) to view the different opportunities offered through our Alumni program.

Learn
More

Our Alumni

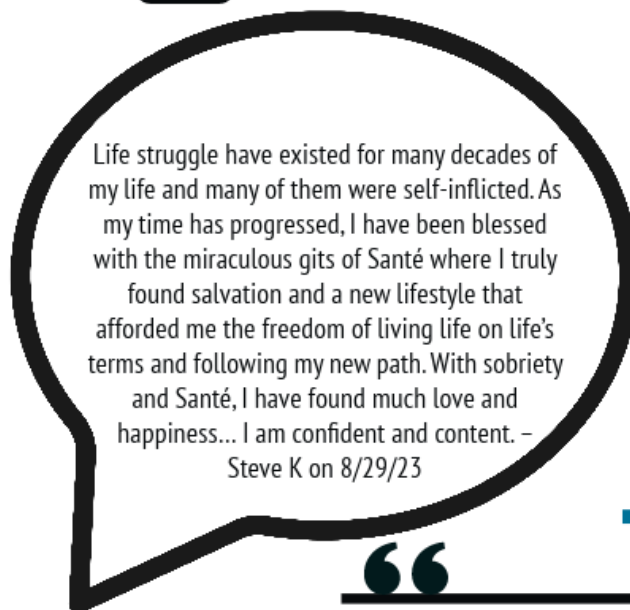
We love the relationship we have with our Alumni. It is an honor and joy to celebrate in their successes and to stand by them in hardships. Here is some of what they have recently shared.



Josh was amazing! I am finally healing from my past. Thank you for everything y'all did for my recovery. I could never express into words how extremely grateful I am. – Shared on Alumni Survey



Incredibly thankful for my time at Santé. It was the rest and therapy I needed. Thank you. – Shared on Alumni Survey



Life struggle have existed for many decades of my life and many of them were self-inflicted. As my time has progressed, I have been blessed with the miraculous gifts of Santé where I truly found salvation and a new lifestyle that afforded me the freedom of living life on life's terms and following my new path. With sobriety and Santé, I have found much love and happiness... I am confident and content. – Steve K on 8/29/23



Santé is truly amazing. Their therapists are top tier and they go above and beyond to help their patients understand their addiction and get better. I did 60 days in residential treatment and I learned a lot about myself and my addiction as a whole. They helped me get a grasp on my life and gave me the tools to stay sober and be successful. If you or a loved one need help with any type of addiction and want to have a better, sober life than I recommend Santé 100%. The staff and therapists are amazing and I am truly forever grateful for Santé. Changed my life. – Jacob C shared on 9/10/23



Santé was the best decision I ever made. – Shared on Alumni Survey



Santé provided me a safe place to gain recovery for my life by giving me the education and support that I needed. Santé's staff cares deeply about the treatment they provide the community as a whole and on an individual level. I knew that I needed help and they supported me above and beyond. I spent 90 days in-patient treatment where I was given weekly appointments with a therapist, doctors, and counseling; and had people in between who walked alongside with me and my issues. So thankful to have been given the opportunity to experience all that is Santé and forever grateful to live a new way of life. If you are in need of a higher level of care, allow Santé to help you in your journey to change your life; the absolute best decision I have made! – Chris S on 9/18/23



Alumni Retreat

Santé
ALUMNI RETREAT

*Join us for a
joyous & meaningful
celebration of recovery.*

**FRIDAY & SATURDAY
OCTOBER 20-21, 2023**

Encourage your clients who are Santé alumni to attend. This retreat offers alumni from all over the country the chance to renew, reconnect and recommit to their recovery. Santé staff members and local mental health professionals offer several workshops, discussions and activities. There are opportunities for alumni to connect. Click [here](#) or below for additional information.

[Event Details Here](#)

Upcoming Events

Every Tuesday Night

Alumni Online All Inclusive Recovery Meeting at 8 PM CST

September 22, 2023

TEA (Trauma Education Association) - 1 CE Hour

11:30 AM - 1 PM CDT, Via Zoom

“Behavioral Manifestations of Trauma”

Kasey Shaw Salyer, LCSW-S, EMDR Therapist, and Approved Consultant

Click [here](#) for more information and to register

October 20-21, 2023

2023 Alumni Retreat

Click [here](#) for more information

October 25, 2023

5th Annual Spectrum of Sexuality Summit

8:30 AM - 4:30 PM

5.5 Hours of Ce's for \$40

Robson Ranch Denton

Click [here](#) for more information and to register

November 1-3, 2023

Maintaining Proper Boundaries Course - CME Hours

Click [here](#) for more information and to register

[See More](#)

For All The Right Reasons

You are mission-inspired and results-driven. You chose your profession and calling for all the right reasons. Your work helps people in their most hidden and painful problems every day.

The importance of your work is underscored by how incredibly hard it is. Any given day might bring massive challenges with your clients or patients. Who else is in it for all the

right reasons? Who can you trust to work alongside you, providing evidence-based and trauma-resolution care? Who provides the best opportunity for long-term recovery?

Google provides 350,000,000 results when searching “addiction treatment.” This is an overwhelming number of options that you can ascertain for quality, but can your clients or patients?

They look to you to:

- Distinguish clinical experience and expertise from nonessential amenities and impersonal call centers;
- Connect them to higher levels of care ready for the increasing complexity of their problems and to discover and begin to heal from the root issues underneath, therefore decreasing the likelihood of relapse;
- Recognize other facilities may dress the part but lack integrity.

They look to you. And you look to Santé Center for Healing for expertise, integrity and long-term recovery...for all the right reasons.

Santé Center for Healing: What We Treat...

<https://www.santecenter.com/miracles-happen-on-the-hill-flipbook/>

Santé Center for Healing: Continuum of Care...

<https://www.santecenter.com/continuum-of-care-flipbook/>

Share Your Experience

Santé provides quality care and programs for long-term recovery. If there is anything we can do to improve, please [reach out to us](#). When you reflect on our continued collaboration and/or our shared clients who are doing well, share the experience on [Facebook](#) or [Google](#).

Take a Virtual Tour of Santé Center for Healing



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