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Long-Term Recovery Newsbites

www.santecenter.com

September 2022

800.258.4250

Maintaining Proper Boundaries Continuing Medical Education Course

Next Course Offered: November 2-4* (In-Person Course)

Maintaining Proper Boundaries, is a 3-day training course providing self-assessment, knowledge, awareness, skills, applicable tools and prevention strategies to healthcare professionals with difficulty maintaining proper boundaries with patients, colleagues and/or staff.



Who Should Attend:

This course is recommended to any licensed healthcare professionals in safety sensitive positions who experience difficulty establishing and maintaining proper boundaries. Hospitals, health systems, professional peer health programs may refer health care practitioners:

- as a preventative measure for continuing medical education specialized for healthcare professionals'
- as a behavior intervention
- or as an adjunct to a relapse prevention plan. Self-referrals are welcome.

Note Regarding COVID-19:

Participants will need to take a rapid COVID-19 test and email the results to Santé the

day prior to the course starting.

***Space is limited**

Register Now

Upcoming Clinical CE Presentations

SIPER

Santé Institute for Professional
Education and Research

September 30, 2022

12:00 p.m. - 1:00 p.m. CST

1 CE Hour

Zoom

“Getting to the Root: How Trauma Drives Addiction”

Speaker:

Shelley Evans, M.Ed,
LPC-S, EMDR Certified

Shelley is a primary therapists in Santé's
residential program.



Presentation Objectives:

- Learn how trauma affects the brain.
- Gain an understanding on how trauma drives addiction.
- Learn how to create a healing process.
- Learn ethical considerations when working with addicted trauma survivors.

Click [here](#) or the button below for the speaker's bio and to register.

Register Now

THANK YOU
THANK YOU
THANK YOU
THANK YOU
THANK YOU
THANK YOU
THANK YOU
THANK YOU

September is
Recovery Month

**THANK
YOU**

To all who have
chosen to work with
individuals in active
addiction!

Alumni Support

Recovery is not something completed upon leaving a residential level of care program; it is an on-going process of learning and personal growth. Addiction, after all, is a chronic disease. To achieve long-term recovery it is imperative to stay connected. **This isn't about addiction. This is about recovery.**

Santé offers opportunities to apply recovery skills, give service, develop new habits, deepen recovery knowledge, live out relapse prevention, and heal past and current relationships while making new relationships based on the foundation of recovery. Lifelong Santé alumni programming involves, but is not limited to: personal follow-up support; alumni community app; private Facebook community; road trips; recovery-enhancing experiences; text affirmations; Alumni Advisory Board; Annual Alumni Retreat; service opportunities; entertainment-based outings and monthly alumni newsletter. The goal in long-term recovery, and the support and experiences need to achieve it one day at a time.

"Santé empowers to seek healing for healthy relationships and life that we want" –
2018 Alumni

"Thanks for hosting a great event!!! Always love catching up Santé peeps. Hope to see you again soon!" – Alumni after 2019 Houston Alumni Road Trip

**Learn
More**

Investing in the Future



INFORMATION

SUBMISSION PERIOD: Sept. 1, 2022-Dec. 5, 2022
AWARD ANNOUNCEMENT: Dec. 9, 2022
AWARD DATE: Dec. 21, 2022

SUBMIT APPLICATIONS TO:

For the Rip Corley Scholarship: <https://bit.ly/2022santescholarship>
For the Dr. Deb Corley Scholarship: <https://bit.ly/2022santescholardeb>
For the Sam Slaton Scholarship: <https://bit.ly/2022santescholarsam>

SANTÉ CENTER FOR HEALING SCHOLARSHIPS

THE 3 COLLEGIATE SCHOLARSHIPS OFFERED

In recognition of three of Santé's legacy makers - co-founder Rip Corley, co-founder/co-owner Deb Corley & CEO Sam Slaton, we extend financial collegiate scholarships to students wishing to further & advance their education. To find out more about each of the scholarships' eligibility requirements & rules, please visit www.santescholarship.com.

RIP CORLEY
SCHOLARSHIP



UNDERGRADS IN
RECOVERY

DR.
DEB CORLEY
SCHOLARSHIP



GRADS IN
MENTAL
HEALTH

SAM SLATON
SCHOLARSHIP



GRADS IN
HEALTHCARE
MANAGEMENT

Scholarships Offered:

The [Rip Corley & Santé Center for Healing Scholarship](#) in memory of Santé's co-founder Rip Corley, LMSW, RN. This \$500 award will go to an individual in recovery from addiction for at least two years, having completed at least one year in college and pursuing an undergraduate degree from an accredited college and/or university.

The [Dr. Deb Corley & Santé Center for Healing Scholarship](#) in honor of Santé's co-

founder/co-owner Dr. Deb Corley, PhD, LMFT, LCDC, LSOTP, CSAT, CMAT. This \$500 award will go to an individual pursuing a graduate degree towards work in the mental and behavioral health field. Eligible programs include: social work, psychology, nursing, counseling, marriage and family therapy.

The [Sam Slaton & Santé Center for Healing Scholarship](#) in celebration of Santé's CEO Sam Slaton, M.ED., LPC-S, MBA, MHSM for years of leadership. This \$500 award will go to an individual pursuing a graduate degree towards health care management. Eligible programs include: public health, healthcare administration, healthcare management, health systems management, health services administration, Healthcare MBA.

Important Dates for Santé's Scholarships:

- Submission period: September 1, 2022-December 5, 2022
- Award Announcement: December 9, 2022
- Award Date: December 21, 2022

Click [here](#) or the below button for eligibility requirements and other information.

Learn
More

Corley Research Grant

Corley Research Grant Now Accepting Applications



The Society for the Advancement of Sexual Health (SASH) is dedicated to fostering scientific inquiry that helps advance our knowledge, understanding and treatment of problematic sexual behavior (e.g., sexual addiction, compulsive sexual behavior) and sexual health. In order to promote new investigators SASH created the Corley Research Grant currently funded by the Santé Center for Healing.

Are you looking for a way to fund your research?

The award will provide ONE (1) new investigator with:

1. \$1000 towards an ongoing or new research project related to sexual addiction
2. \$500 travel allowance to attend the SASH annual conference
3. A waiver of the registration fee to the SASH annual conference
4. Mentorship by a senior SASH advisor on content, process, presentation and publication on the project

Deadline November 30, 2022

For More Information and to
Apply

Alumni Retreat

Roping

RECOVERY

FRIDAY & SATURDAY
OCTOBER 21-22

Leave those big city worries behind and join us for an evening of western fun at the Chisholm Ranch House at Circle R Ranch for the 2022 Santé Alumni Retreat: Roping Recovery.

Registration Required by
October 13, 2022 at 5 P.M.



Scan to register, or visit:
<https://tinyurl.com/alumniretreat2022>

For more info:
214.444.7365 or alumni@santecenter.com

Encourage your clients who are Santé alumni to attend. This retreat offers alumni from all over the country the chance to renew, reconnect and recommit to their recovery. Santé staff members and local mental health professionals offer several workshops, discussions and activities. There are opportunities for alumni to connect. Click [here](#) or below for additional information.

**Event Details
Here**

Our Alumni

We love the relationship we have with our Alumni. It is an honor and joy to celebrate in their successes and to stand by them in hardships. Here is some of what they have recently shared.

“
I'm thankful for God, my family, friends who became family, and staying connected with my Santé friends.
- Cara C on 9/13/22
”

“ It seems like no time and forever at once. Grateful to have made it this far. I've been in recovery for 11 months. - Erin C on 9/11/22 ”

“
I'm thankful for my job, the awareness, remembering that I am constantly learning who I am and what my place is in this beautiful world. It's a journey that I am glad to still be in/on.
- Moshe F on 9/7/22
”

Knowing When to Speak



Melissa Pennington, DO, ABAM, CEDS

Medical Director

With Santé Center for Healing since 2015

Step 9

“Made direct amends to such people wherever possible, except when to do so would injure them or others.”

Knowing When to Speak

Step Nine is about an addict making amends to those they have hurt. It is difficult to know when or how to right our wrongs towards those we love and whether it will benefit or hurt them. It takes discipline and guidance from a sponsor to know when to make these amends, to whom we should make amends, and how much we should disclose when doing so. This step can cause anxiety and stress for many addicts. Those on the receiving end may not be receptive or ready to hear us out. Reaching out to a sponsor or mentor is a must in these situations. It takes courage to open ourselves up to the possibility of hurt or rejection. On the other hand, there is a freedom that comes with making a sincere apology and righting the wrongs that we inflicted during our active addiction.

Removing Threats to Sobriety

Step Nine restores in me a feeling of belonging, not only to the human race but also to the everyday world. First, the Step makes me leave the safety of A.A., so that I may deal with non-A.A. people "out there," on their terms, not mine. It is a frightening but necessary action if I am to get back into life. Second, Step Nine allows me to remove threats to my sobriety by healing past relationships. Step Nine points the way to a more serene sobriety by letting me clear away past wreckage, lest it bring me down. - from the book *Daily Reflections*

Upcoming Events

Every Tuesday Night

Alumni Online All Inclusive Recovery Meeting at 8 PM CST

September 23, 2022

Trauma Education Association - 3 Ethics CE Hour

11:30 AM - 3 PM CST, Via Zoom

"The No Surprises Act and Other Requirements: Making sure your client's record is complete"

Michael H. Flynn, J.D., Ph.D.

Click [here](#) to register

September 30, 2022

SIPER (Santé Institute for Professional Education and Research) CE Event - 1 CE Hour

12:00 p.m. - 1:00 p.m. CST, Via Zoom

"Getting to the Root; How Trauma Drives Addiction"

Shelley Evans, M.Ed, LPC-S, EMDR Certified

Click [here](#) to register

October 21-22, 2022

Alumni Retreat

Click [here](#) for more information

November 2-4, 2022

Maintaining Proper Boundaries - CME Course

Click [here](#) for more information and to register

[See More](#)

For All The Right Reasons

You are mission-inspired and results-driven. You chose your profession and calling for all the right reasons. Your work helps people in their most hidden and painful problems every day.

The importance of your work is underscored by how incredibly hard it is. Any given day might bring massive challenges with your clients or patients. Who else is in it for all the right reasons? Who can you trust to work alongside you, providing evidence-based and trauma-resolution care? Who provides the best opportunity for long-term recovery?

Google provides 350,000,000 results when searching "addiction treatment." This is an overwhelming number of options that you can ascertain for quality, but can your clients or patients?

They look to you to:

- Distinguish clinical experience and expertise from nonessential amenities and impersonal call centers;
- Connect them to higher levels of care ready for the increasing complexity of their problems and to discover and begin to heal from the root issues underneath, therefore decreasing the likelihood of relapse;
- Recognize other facilities may dress the part but lack integrity.

They look to you. And you look to Santé Center for Healing for expertise, integrity and long-term recovery...for all the right reasons.

Santé Center for Healing: What We Treat...

<https://www.santecenter.com/miracles-happen-on-the-hill-flipbook/>

Santé Center for Healing: Continuum of Care...

<https://www.santecenter.com/continuum-of-care-flipbook/>

Share Your Experience

Santé provides quality care and programs for long-term recovery. If there is anything we can do to improve, please [reach out to us](#). When you reflect on our continued collaboration and/or our shared clients who are doing well, share the experience on [Facebook](#) or [Google](#).

Take a Virtual Tour of Santé Center for Healing



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Santé Center for Healing has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7031. Programs that do not qualify for NBCC credit are clearly identified. Santé Center for Healing is solely responsible for all aspects of the programs.