



[www.santecenter.com](http://www.santecenter.com)

800.258.4250

August 2018



## Brotherly Love

“Today, I will open myself to an honest understanding of the people I have harmed. God, help me let go of my defenses and pride. Help me become willing to make amends to those I have harmed, so that I can improve my relationships with myself and others.”

-Language of Letting Go

The Eighth Step is not meant to punish us, it is meant to set us free from guilt, anxiety and build safe and satisfying personal relationships with self and others.

Avery Rowels, MA, LPC, CSAT-C  
Clinical Programs Manager  
4 years at [Santé Center of Healing](#)



### For Your Calendar

August 31

International Overdose Awareness Day

September 12-14

Certified Connection and Recovery Therapist  
with a specialization in Sex/Love Addiction  
(CCRT-SLA) Training with CEUs

[Learn More](#)

September 17-20

Intensive Workshop  
*Mindful Transformation: Redefining Your Trauma*

[Learn More](#)

October 12

Cognitive Processing Therapy (CPT) Training  
with CEUs

### Space of Grace - Alumni Kimberly



### Clinical Highlight

[Learn More](#)

**October 19-20**

IITAP Collaborative event at Santé Center for Healing

[Learn more](#)

**October 22-25**

Intensive Workshop

*Free To Be Me: Rescuing Yourself from Codependency*

[Learn More](#)

[More Upcoming Events](#)

*"I changed my mind and it changed my world" - Lisa King*



Lisa King, MS, NCC, LPC-Intern  
Intensive Workshop Therapist  
2 years at Santé Center for Healing

## Mindful Transformation: Redefining Your Trauma September 17-20

### Goals for the Intensive:

- Move past trauma without normal daily distractions
- Identify, understand and address the impact trauma has on all aspects of one's life
- Identify beliefs about the causes and consequences of traumatic events which produce strong negative emotions, which ultimately prevent accurate processing of the traumatic memory and the emotions resulting from the events

[Learn more](#)

## Recovery Zone Operational Workshop



Jason Doorish, MS, LPC-S  
Clinician  
2 years at Santé Center for Healing

Jason Doorish graduated from Texas Woman's University with a Master of Science degree in Counseling and Development in 2008. He is currently a Ph.D. candidate completing his degree in Family Therapy at Texas Woman's University. Jason is trained in EMDR, emotionally focused couples therapy, trauma informed cognitive behavioral counseling, motivational interviewing, mindfulness based relapse prevention, and has been working in the mental health and addiction field since 2008. Jason has a passion for working with those who struggle with mental health, trauma, and addiction. Jason is a Certified Sex Addiction candidate.

[Learn more about Santé's Clinicians](#)

## John Hart; 19 Years and Counting



John Hart  
Director of Plant Operations  
19 Years at Santé Center for Healing

John stays busy being a model family man on his time off, and keeps our campus beautiful while at work. If you see John on campus, you might ask to see his I.D. badge, he has one of the original badges, lots of things change in 19 years! We were able to steal a moment of his time



## Santé Hosts:

### IITAP and Dr. Carnes October 19-20

Leading addiction expert, Dr. Patrick Carnes, will take therapists through an experiential and didactic learning experience that will teach the fundamentals of guiding addicts into a deeper level of recovery. Participants will receive an overview and learn key treatment interventions designed to promote a sustained long-term recovery, found in Dr. Carnes' Recovery Zone I and II series. The Recovery Zone series is a powerful method which intensifies the therapeutic process and makes the tasks for recovery concrete, practical and easy to implement.

[Learn More](#)

### Continuum of Care: Outpatient Counseling/Telemedicine

Santé's diversely credentialed therapist provide clarity and guidance to support growth that is necessary to overcome life's challenges. Our services included:

- Individual Therapy
- Family Therapy
- Couples Therapy
- Telemedicine
- Psychiatric Evaluations
- Psychiatric Services
- Medication Management
- EMDR
- Nutritional Counseling

For more information, please contact Santé's Practice Manager for Community Based Services:  
Chelsea Bryant  
214.444.7367  
[chelseab@santecenter.com](mailto:chelseab@santecenter.com)

to ask a few questions about himself and Santé.

- What are 3 words that describe Santé?  
**Caring, Honesty, and Respect**

- What do you find most challenging about Santé?

**The need for a growing facility is never ending.**

- What drew you to Santé originally?  
**Helping others**

- What was your favorite project at Santé?  
**The expansion of Santé in 2011-2012. It provided more space for therapy and activities for patients.**

### Santé Connections

To assist individuals and their families reach long-term recovery goals, we partner with mental and behavioral health professionals all across the United States. Santé refers patients to specialist in their area to continue care and counseling. Our team is always looking to expand our referral sources of qualified professionals nationwide.

When you complete and submit the attached "Santé Connections" form below, your information populates a searchable database utilized by the admissions department, aftercare coordinator and family therapists here at Santé!

Complete and submit the [Santé Connections](#) form today!

### Reflections for You

- Do we find closure through our own amends?
- Do we find closure from our amends to others?
- Can you imagine what your life would be like if you had already made these amends?

Reflect on your own, or [share your insights with us](#). We'd love to hear from you.





## Come Visit Us

Tours Available by Appointment, Santé Center for Healing, 914 Country Club Rd., Argyle, TX

- September 6, 2018 Santé Sponsoring - Dallas NEST, Dallas, TX
- September 7, 2018 United Way Community Conversation Breakfast, Denton, TX
- September 12-14 2018 Connection and Recovery's CCRT-SLA Training Program, Argyle, TX- Santé
- September 14, 2018 Lone STAR Coalition Against Pornography Conference, Austin, TX
- September 15, 2018 Recovery in the Park (put on by FW TAAP), Ft. Worth, TX
- September 26, 2018 Fort Worth TAAP: CPT Presentation by Lisa King, Ft. Worth, TX
- September 26, 2018 OEDA (Oklahoma Eating Disorders Association) Conversations of Hope, Oklahoma City, OK
- Big Texas Rally for Recovery, San Antonio, TX



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STAY CONNECTED

