



Long-Term Recovery Newsbites

www.santecenter.com

June 2021

800.258.4250

Vaccines for Clients & Staff

Santé's highest priority has always been the safety of our clients, families and staff members. Just as we have for our 25 years of providing recovery, we remain committed to quality treatment, health and safety.

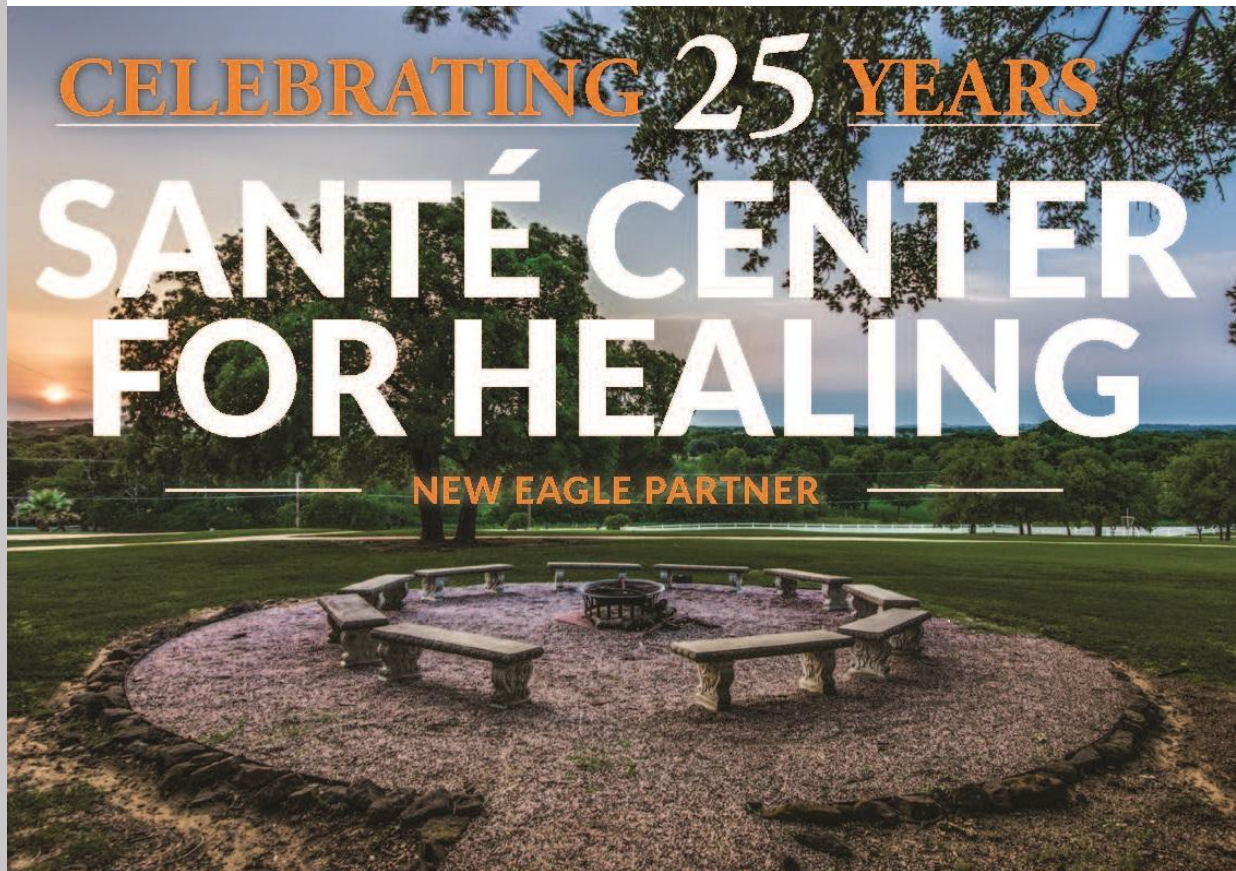
Since the onset of COVID-19, Santé evaluates the situation and puts protocols in place with the guidance that the CDC, ASAM, carf International and local health officials provide. We've made and continue to make decisions that we feel are the best practice overall for our organization and clients.

One of the ways we are working to keep all our clients and staff healthy is by providing Johnson & Johnson's Janssen COVID-19 vaccine for free of charge for those interested. We are excited to be able to offer the convenience of getting the vaccine on our campus. We know it will positively affect the well-being of our clients, our staff and the community as a whole.

Santé's Chief Operating Office, Sam Slaton, MEd, LPC-S, MBA, MHSM said "We have been diligent in keeping our standard of care at the highest level during the pandemic. We are proud of the work we've been able to unceasingly offer, with even a waiting list during much of last year. We are glad to now have the opportunity to help ensure this continues by offering the vaccine and by assessing and maintaining our COVID protocols."

Thank you for your continued trust and partnership. Know that when your client or patient admits to Santé, their health, safety and long-term recovery is priority today and every day.

Investing in our Community



Santé is a proud Argyle Independent School District Eagle Partner!

We were the *Insights*, Argyle ISD Magazine's, Eagle Partner Spotlight for their Summer 2021 Issue.

"Since 1996 Santé's clients have found themselves surrounded by ethical, professional and compassionate staff who simply will not give up on them. The values remain the same: 12-step foundation; evidence based therapeutic and medical treatment; expert staff pursuing ongoing education/certification; individualized, customized care in a supportive, therapeutic community; working on the core trauma-level issues underlying addiction; and simultaneous treatment for poly-addiction and dual diagnosis. The result... 25 years of miracles, one day at a time."

Click [here](#) or below to read the entire article.



[Read the Article](#)



Maintaining Proper Boundaries

Next Course Offered: August 4-6, 2021 *

Maintaining Proper Boundaries, is a 3-day Continuing Medical Education training course providing self-assessment, knowledge, awareness, skills, applicable tools and prevention strategies to healthcare professionals with difficulty maintaining proper boundaries with patients, colleagues and/or staff.

Who Should Attend:

This course is recommended to any licensed healthcare professionals in safety sensitive positions who experience difficulty establishing and maintaining proper boundaries. Hospitals, health systems, professional peer health programs may refer health care practitioners:

- as a preventative measure for continuing medical education specialized for healthcare professionals'
- as a behavior intervention
- or as an adjunct to a relapse prevention plan. Self-referrals are welcome.

Note Regarding COVID-19:

Participants will need to either provide proof of vaccination or take a rapid COVID-19 test and email the results to Santé the day prior to the course starting. If a participant has not provided proof of vaccination, masks will be required at all times. All participants will be intentionally spaced further apart.

What Attendees Have Shared

"I wish there an was option for 5+ rating - very good presentation."

"It has given me insight into why I allowed this situation to occur. This course will allow me to prevent future such events"

"She [presenter] is excellent and I would have enjoyed further time to sit under her teaching."

"Very understanding and shows how much work I need to do on my self. (the light going on)"

***Space is limited**

Register Here

"When I began my career as a counselor, it was a must on my checklist that I find somewhere to work that was LGBTQ+ affirming. I was lucky enough to be offered a position at Santé Center for Healing, whose program encompasses all of the support, acceptance, understanding, and knowledge that was the requirement on my checklist. For me, this goes beyond just accepting those in the LGBTQ+ community; it is a true understanding, a knowledge and education around the necessary terminologies, affirming language, lifestyles, and struggles of those in the LGBTQ+ community. It is an understanding that one's issues are not BECAUSE they are LGBTQ+ but that issues cannot be addressed without an understanding around what it MEANS to be LGBTQ+ in our society."

Ashley Whitted, MS, LCDC, LPC, CSAT Candidate,
Residential Case Manager/Primary Therapist

News & Media

Click [here](#) or below to read the Denton Record-Chronical article "Denton-area counselors say Zoom support groups are here to stay."

Santé's family therapist, **Andrew Ahles LMFT, ICGC-I**, shared how our family program used Zoom prior to the pandemic, during and the plans for the future.



[Read the Article](#)

Upcoming Clinical CE Presentations

SIPER

Santé Institute for Professional
Education and Research

Presents:

Continuing Education Events

June 18, 2021

12:00 p.m. - 1:00 p.m. CST

1 CE Hour

"Developmental Trauma Healing through
Neurofeedback"

Presented by: Delta Shuman MS, LPC,
ACC, Certified Executive Coach,
Neurofeedback Practitioner, EMDR
trained, CPTT Candidate



[Register Now](#)

Our Alumni

We love the relationship we have with our Alumni. It is an honor and joy to celebrate in their successes and to stand by them in hardships. Here is some of what they have recently shared.

“ 60 days sober today!!
- Bart J on 5/31/21 ”

“ I'm grateful for a forgiving
God, a loving family, Santé
and 45 days of sobriety today!
- Nicole V on 5/23/21 ”

“ 299 days sober!
Grateful for each one
of those days!
- Ben R on 5/29/21 ”

“ 86 days sober today! Bring
on my 90!
- Matt B on 5/28/21 ”

“ 368 Days sober
for me
- Chris A on
6/1/21 ”

“ 1,826 days sober...
feeling strong
- Natalie R on
5/28/21 ”

“ GRATITUDE – That I can go to
Las Vegas for a family wedding
and not drink, drug, gamble or
lie. Thank you Santé. 4/13/2007
- Andrea L on 6/5/21 ”

“ That feeling when you realize
all your hard work is starting to
pay off! #motivated #staystrong
- Audrey GR on 5/27/21 ”

“ I was at Santé for 7 months back in 2017, and it helped me
so much! Jason was my case manager/psychologist and I
grew really close to a lot of people there. I'm really proud
of you and your success! Keep on keepin on!
- Leslie T on 5/21/21 ”

“ Can't change my past, but I can
choose my future. Focused on
making good decisions today!
- Sarah R on 5/26/21 ”

“ I was there for just over 4 months in 2015. I loved it there
too. They had such an impact on me that I'm now a drug and
alcohol counselor. I look forward to them having the alumni
retreats again now that covid seems to be clearing up.
Congratulations on your success as well. Keep fighting and
sharing your story!
- John H on 5/21/21 ”

“ We all need to remind
ourselves that no
matter how dark the
moment, love and
hope are always
possible.
- Carrie T on 6/11/21 ”

“ It is truly a miracle that I have 6 months and 21 days
sober without any fear, depression or desire to go
back using. For this I am truly grateful.
- Brendan O on 5/26/21 ”

Making Verifiable Change

Step 6


"Were entirely ready to have God remove all these defects of character."

When someone first enters treatment, they are rarely ENTIRELY READY to be free from addictive behavior and immediately willing to take a closer look at their shortcomings.

Every moment spent in recovery is an active choice. Going to treatment, getting out of bed each morning, attending and participating in groups, opening up to a therapist, staying sober one day at a time...when these actions are combined they add up to verifiable change. A new life. A better life.

This change also allows for personal growth and acknowledgment of how past destructive behaviors and shortcomings have harmed oneself and others. An individual can take this knowledge and new self-reflection and work to improve all aspects of their life. Everyone has certain damaging behaviors they can work to let go of, such as fear, pride, dishonesty, gluttony, greed, lust, jealousy, willfulness, and anger.

Making the choice to open oneself up to trying to do things in a different way, even when it's not easy or comfortable is essential to long-term recovery. We are honored and privileged to be a part of someone's journey through treatment and will continue to work with people to change themselves for the better one day at a time, every day as we have for the past 25 years.



Upcoming Events

June 18, 2021

SIPER CE Event - 1 CE Hours (1 Hour of Ethics)

12:00 p.m. - 1:00 p.m. CST via Zoom

"Developmental Trauma Healing through Neurofeedback" presented by Delta Shuman, MS, LPC, ACC, Certified Executive Coach, Neurofeedback Practitioner, EMDR trained, CPTT Candidate

Click [here](#) to register

June 22, 2021

Alumni Online All Inclusive Recovery Meeting at 8 PM CST

June 25, 2021

Trauma Education Association Monthly CE - 1 CE Hour

11:30 am - 1:00 pm CST via Zoom

"Healing Sexuality After Abuse or Betrayal"

presented by Brian Martin, Ph.D., LMFT-S, LSOTP, CSAT and Laney Knowlton, MS, LMFT, CSAT, CCPS-C

Click [here](#) to register

June 29, 2021

Alumni Online All Inclusive Recovery Meeting at 8 PM CST

July 6, 2021

Alumni Online All Inclusive Recovery Meeting at 8 PM CST

July 13, 2021

Alumni Online All Inclusive Recovery Meeting at 8 PM CST

July 20, 2021

Alumni Online All Inclusive Recovery Meeting at 8 PM CST

July 26, 2021

SIPER CE Event - 1 CE Hour

via Zoom

Eating Disorder Topic

Lena Sheffield, LMHC, CEDS, MAC

Additional Details and Registration Coming Soon

July 27, 2021

Alumni Online All Inclusive Recovery Meeting at 8 PM CST

[See More](#)



For All The Right Reasons

You are mission-inspired and results-driven. You chose your profession and calling for all the right reasons. Your work helps people in their most hidden and painful problems every day.

The importance of your work is underscored by how incredibly hard it is. Any given day might bring massive challenges with your clients or patients. Who else is in it for all the right reasons? Who can you trust to work alongside you, providing evidence-based and trauma-resolution care? Who provides the best opportunity for long-term recovery?

Google provides 350,000,000 results when searching “addiction treatment.” This is an overwhelming number of options that you can ascertain for quality, but can your clients or patients?

They look to you to:

- Distinguish clinical experience and expertise from nonessential amenities and impersonal call centers;
- Connect them to higher levels of care ready for the increasing complexity of their problems and to discover and begin to heal from the root issues underneath, therefore decreasing the likelihood of relapse;
- Recognize other facilities may dress the part but lack integrity.

They look to you. And you look to Santé Center for Healing for expertise, integrity and long-term recovery...for all the right reasons.

Santé Center for Healing: What We Treat...

[**https://www.santecenter.com/miracles-happen-on-the-hill-flipbook/**](https://www.santecenter.com/miracles-happen-on-the-hill-flipbook/)

Santé Center for Healing: Continuum of Care...

[**https://www.santecenter.com/continuum-of-care-flipbook/**](https://www.santecenter.com/continuum-of-care-flipbook/)

Connecting with Us

When you submit the ["Santé Connections" form](#), your information is accessible to Santé's intake counselors, aftercare coordinator, and family therapists for referral purposes.

Share Your Experience

Santé provides quality care and programs for long-term recovery. If there is anything we can do to improve, please [reach out to us](#). When you reflect on our continued collaboration and/or our shared clients who are doing well, share the experience on [Facebook](#) or [Google](#).



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Santé Center for Healing has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7031. Programs that do not qualify for NBCC credit are clearly identified. Santé Center for Healing is solely responsible for all aspects of the programs.