



SANTÉ CENTER FOR HEALING'S Professional's Program

SPECIALIZING IN TREATING PROFESSIONALS SINCE 1996

"Alcohol abuse caused me to lose my medical license. Santé helped me deal with my alcoholism and start on the path to recovery. They also helped me start the road to getting back my career in medicine. I had a great experience at Santé and am so thankful for my time there. It truly changed my future."

–Physician, Santé Alumni



The unique challenges that licensed professionals face can lead to a higher risk for substance use disorders, behavioral addictions or disruptive behaviors. Our continuum of care is designed to meet these needs. We work closely with all involved to ensure a coordinated effort, maximum communication and most importantly, the professional's recovery. Our programs and services include:

LICENSED PROFESSIONAL ASSESSMENTS

- Biopsychosocial assessment
- Family systems assessment
- Spiritual assessment
- Clinical assessment and interviews
- Nursing assessment
- Clinical Polygraph Examination
- Onsite psychological testing and neuropsych testing
- History and examination by psychologist with psychological screening
- Drug testing with chain-of-custody provisions
- Additional testing, if necessary, including polygraphs and Abel Screening
- Preliminary report by telephone on the day of discharge
- Verbal and written recommendations are given to the board and to the individual being assessed the day after the assessment
- Timely written report to referral source
- Collection of data from collateral sources, as deemed necessary

RESIDENTIAL ADDICTION TREATMENT PLAN

- Simultaneous treatment of dual-diagnosis, poly-addiction
- Assignment to one of our many levels of addiction treatment services
- Professional's group
- Professional recovery meetings
- Neurofeedback
- Nutritional counseling
- Medication management
- Onsite medical detox
- Gender-specific groups
- Intensive family therapy
- Eye movement desensitization and reprocessing (EMDR)
- Coping and social skills training
- Work closely with physician health programs (or equivalent organization)
- Experiential therapies including high and low ropes course, art therapy, yoga and meditation
- Formal documentation for Return-to-Work requirements
- Aftercare plans developed with physician health program (or equivalent organization)
- Emphasis on relapse prevention
- Staff who are licensed medical professionals
- Highly trained, specialized staff with many years of experience treating professionals

MAINTAINING PROPER BOUNDARIES COURSE

This is a 3-day, CME training course providing self-assessment, knowledge, applicable tools and prevention strategies to healthcare professionals with difficulty maintaining proper boundaries.

This course has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint providership of The University of Texas Southwestern Medical Center and Santé Center for Healing.

The University of Texas Southwestern Medical Center designates this live course for a maximum of 21.0 AMA PRA Category 1 Credit(s)[™], which includes 6.0 hour(s) in medical ethics and/or professional responsibility.

For more information, contact:
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