



HELPING PEOPLE LIVE  
HEALTHIER LIVES

SINCE 1996

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# SANTÉ'S TRANSITIONAL LIVING

[santecenter.com/transitional](https://santecenter.com/transitional)







## ABOUT SANTÉ

Santé Center for Healing has been providing quality, client-centered care since 1996; in that time, the continuum of care has grown to include a **Transitional Living (TL)** level of care. Individuals assessed as needing TL will interact with our tenured, expert staff of master-level therapists who have additional credentialing and certifications in EMDR, CSAT, DBT, motivational interviewing, shame resilience, relapse prevention, and grief and loss. They understand the chronic nature of the disease of addiction and walk alongside TL clients as long as needed, knowing quick fixes are not effective.

*You will find that the Santé staff refuses to give up.*



CALL SANTÉ'S INTAKE &  
ADMISSIONS COUNSELORS  
**1-800-258-4250**  
**940-464-7222**

## YOUR JOURNEY TO RECOVERY BEGINS

Professional Assessments

Medical Detox

Residential

Intensive Outpatient

Transitional Living

Family Programming

Indiv. Therapy & Med. Mngmt

Alumni Support

## OUR GOAL IS LONG-TERM RECOVERY

### THE SANTÉ CONTINUUM OF CARE

Santé continuum of care slowly and intentionally evolved and developed over the years based on research and studies indicating participation in formal treatment and longer terms in treatment are consistently associated with better outcomes.

## TRANSITIONAL LIVING (TL)

Santé's Transitional Living (TL) program provides a structured, therapeutic apartment-style sober living for adults who are in search of additional daily living support while in the early stages of recovery. Several research studies by NIDA (National Institute on Drug Abuse) find that the longer an individual is involved in a continuum of care and receiving treatment, they have significantly better outcomes including decrease in relapse rates. Santé's TL residents receive the environmental, therapeutic and social support needed to meet goals and succeed.

### SANTÉ'S TL AMENITIES



- 1 Separate men's & women's programs
- 2 Case manager on-site 6-days per week
- 3 Personalized case management & community meetings
- 4 Random drug screens
- 5 Compatible with Santé's Intensive Outpatient program
- 6 12-Step Recovery principles
- 7 Supervised social community outings to experience new sober fun and process any triggers
- 8 Walking distance to public transportation, employment & volunteer opportunities, exercise facilities & the University of North Texas

### SANTÉ'S WIDE SPECTRUM OF EXPERTISE IN TL

CHEMICAL DEPENDENCY • DUAL DIAGNOSIS/CO-OCCURRING ISSUES  
TRAUMA RESOLUTION • PROBLEMATIC SEXUAL BEHAVIOR  
COMPULSIVE BEHAVIORS

*"For me, TL was a place to build an idea of what a healthy life looks like for me, in terms of my environment as well as relationships."*

—Santé Alumni