

# Recovery Zone Operational Workshop

Facilitated by: **Dr. Patrick Carnes**



Oct. 19-20, 2018 | Dallas, TX | 8:30am - 5:00pm

Leading addiction expert, Dr. Patrick Carnes, will take therapists through experiential and didactic learning experience that will teach the fundamentals of guiding addicts into a deeper level of recovery. Participants will receive an overview and learn key treatment interventions designed to promote a sustained long-term recovery, found in Dr. Carnes' RecoveryZone I and II series.

## Learning Objectives:

- Participants will be able to describe how the recovery zone platform integrates important interventions representing a wide variety of proven practices, concepts, and the corresponding literatures.
- Participants will be able to define stages of brain change that correspond with a developmental framework of recovery.
- Participants will be able to summarize the impact of dopamine insufficiency syndrome and its' relationship to ADHD.
- Participants will be able to identify the ten portals brain science has identified that addictions access and the seven bodies of evidence that support their critical roles
- Participants will be able to implement specific interventions they can use to inspire recovery for various addictions.
- Participants will be able to identify which interventions are appropriate for various addictions and at different stages of recovery.
- Participants will be able to explain the role of trauma and how it impacts brain function and translates that into understandable information for patients.
- Participants will be able to identify which different co-occurring psychopathologies are more common with different addictive behaviors.
- Participants will be able to translate neuroscience concepts for patients to easily understand.
- Participants will be able to practice various strategies and skills used in psychological evaluation and apply these skills to implementing the recovery zone curriculum.
- Participants will be able to define five models of the recovery zone platform and be able to implement them in divergent settings.
- Participants will be able to describe how to use recovery zone material and curriculum to review the patients progress over time.
- Participants will be able to explain and discuss the role of DNA in addiction and toxic stress and the implications for patients.
- Participants will be able to identify different interventions based on stages of recovery.
- Participants will be able to analyze instruments for evaluation of the patient's progress.

**Pricing:** \$625 / \$695 Late Registration starting 10/4/18

**Training Venue:** Santé Center for Healing

**Register online at:** <https://www.iitap.com>

**Schedule:** 8:30am-10:00am Workshop/ 10:00am-10:15am Break /

12:00pm-1:00pm lunch/ 3:00pm-3:15pm Break

3:15pm-5:00pm Workshop *Lunch provided each day.*

**Learn More About Patrick J. Carnes, Ph.D at:** <https://www.iitap.com/about/>

**15 Continuing Education Credits Available**

**Workshop available to CSATs, CSAT-S, PSAP-S, & CSAT Candidates**

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To request accommodations for special needs, to report grievances, or for any other questions please call 480-575-6853 or email [info@iitap.com](mailto:info@iitap.com).

Specific faculty conflicts of interests can be found on their powerpoint slides or in their bios which can be found on [IITAP.com](http://iitap.com)